



## Jacobs & Cushman San Diego Food Bank Hunger Fact Sheet 2015

### Hunger and poverty in San Diego County:

Of San Diego County's 3.1 million residents, 475,773 people live in poverty – that's 15.2% of the population of San Diego County.\* Of this number, 138,334 are children. These individuals face "food insecurity" which means that little or no food is available at home, and often they will not know how they will get their next meal.

(\*U.S. Census Bureau. American Community Survey, 2013. Compiled by SANDAG, Nov. 2014.)

### About the Jacobs & Cushman San Diego Food Bank:

The Food Bank feeds 370,000 people per month in partnership with 330 nonprofit community partners including: food pantries, soup kitchens, shelters, low-income daycare centers, senior centers, churches, schools, and day centers for the elderly and disabled.

The Food Bank's nonprofit partners collect food from our 80,000 sq. ft. warehouse in Miramar and distribute the food directly to people in need in their local communities. By acting as a central distribution point and through our own direct distributions the Food Bank and our nonprofit partners provide food to communities throughout the county's 4,200 square mile radius. In the fiscal year 2013 - 2014, the Food Bank distributed 22 million pounds of food – the equivalent of 18.3 million meals.

### Demand for food assistance:

Due to our region's high cost of living, tens of thousands of low-income families, including low-income military families, and fixed-income seniors rely on the Food Bank to put food on the table.

Through our direct monthly food distribution programs, the Food Bank feeds 28,000 low-income military personnel and their dependents; 8,500 fixed-income seniors on our Senior Food Program; over 100,000 low-income people on our Emergency Food Assistance Program; and we provide weekend backpacks full of food through our Food 4 Kids Backpack Program to 1,500 elementary school children living in poverty in 11 school districts in the San Diego County.

### How you can help:

There are many ways you can help the Food Bank:

- Donate food – Host a food drive at your school, business or faith-based organization.
- Donate time – The Food Bank relies on volunteers to sort and package tons of food every day. Visit our website and sign up to volunteer using our online registration system: [www.sandiegofoodbank.org/volunteer](http://www.sandiegofoodbank.org/volunteer)
- Donate money – Monetary donations enable the Food Bank to purchase healthy, fresh produce, frozen meats and staple food items such as rice, beans and oatmeal. For every \$1 donated, the Food Bank can provide 5 meals. Visit [www.sandiegofoodbank.org/donate](http://www.sandiegofoodbank.org/donate)

### Most needed food items:

- canned meats & tuna
- peanut butter
- canned soups
- canned fruits, vegetables & beans
- spaghetti
- cereal
- rice
- mac & cheese

**Jacobs & Cushman San Diego Food Bank**  
9850 Distribution Avenue, San Diego, CA 92121  
[www.SanDiegoFoodBank.org](http://www.SanDiegoFoodBank.org)