The *Senior Food Program* provides a monthly 35-pound box of food and a 2-pound block of cheese to senior citizens aged 60 and over who meet income guidelines.

Below is a list of sites hosting Senior Food Program distributions during September 2020.

**Please note:** For new participants, **proof of address & date of birth are REQUIRED** to register for the program. Income eligibility is a verbal self-certification; no documentation of income is required.

### Senior Food Program Income Guidelines

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Monthly Household Income</th>
<th>Annual Household Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$1,383</td>
<td>$16,588</td>
</tr>
<tr>
<td>2</td>
<td>$1,868</td>
<td>$22,412</td>
</tr>
<tr>
<td>3</td>
<td>$2,353</td>
<td>$28,236</td>
</tr>
<tr>
<td>Each additional member</td>
<td>+$486</td>
<td>+$5,842</td>
</tr>
</tbody>
</table>

*Please note that there are no Senior Food Distributions on Saturday or Sunday.*

Last updated 7/30/2020
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
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</tr>
<tr>
<td>Mountain View Community Center 641 S Boundary St San Diego 92113 9:00 am - 12:00 pm</td>
<td>Cesar Chavez Recreation Center 455 Sycamore Rd San Ysidro 92173 9:00 am - 12:00 pm 1:15 pm - 3:00 pm</td>
<td></td>
<td>Ramona Grange 632 215 7th Street Ramona 92065 9:00 am - 11:00 am</td>
<td>Highland Avenue Baptist 2605 Highland Ave National City 91950 9:00 am - 12:00 pm 1:15 pm - 3:00 pm</td>
</tr>
<tr>
<td>St Stephen’s Cathedral 5825 Imperial Ave San Diego 92114 1:30 pm – 3:00 pm</td>
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<tr>
<td>St Mark’s Lutheran Church 580 Hilltop Drive Chula Vista 91910 9:00 am - 12:00 pm</td>
<td>New Season Church 2300 Bancroft Drive Spring Valley 91977 9:00 am - 12:00 pm</td>
<td>El Cajon New Season’s Church 990 Naranca Avenue El Cajon 92021 9:00 am - 12:00 pm</td>
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<td>Boys &amp; Girls Club 4635 Clairemont Mesa Blvd San Diego 92117 9:00 am - 11:00 am</td>
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<tr>
<td>Harvest Ridge Apts 1388 E Palomar St Chula Vista 91913 1:30 pm - 3:00 pm</td>
<td>La Mesa Spring Apts 8070 Orange Ave La Mesa 91941 1:30 pm - 3:00 pm</td>
<td>St. Johns Plaza 8150 Broadway Lemon Grove 91945 1:30 pm - 3:00 pm</td>
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<td>Sorrento Tower Apts 2875 Cowley Way San Diego 92110 1:30 pm - 3:00 pm</td>
</tr>
<tr>
<td>Windsor Gardens Apartments 1600 West 9th Ave Escondido 92029 9:00 am - 10:00 am</td>
<td>Sherman Heights Comm Ctr 2258 Island Avenue San Diego 92102 9:00 am - 12:00 pm</td>
<td></td>
<td></td>
<td>St Andrew’s Episcopal 890 Balour Dr Encinitas 92024 8:30am - 9:30am</td>
</tr>
<tr>
<td>Grandon Village 1607 Grandon Ave San Marcos 92078 11:00 am - 12:00pm</td>
<td>Good News Missionary Baptist 4106 Swift Avenue San Diego 92104 1:30 pm - 3:00 pm</td>
<td></td>
<td></td>
<td>Church at RB 11740 Bernardo Plaza Ct San Diego 92128 10:30 am - 11:30am</td>
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<tr>
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<tr>
<td>Monday</td>
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<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
</tr>
</tbody>
</table>
| Boulevard—in Front of the Post Office  
39550 Old Hwy 80  
Boulevard 91905  
10:00 am - 11:00 am  
Jacumba  
Highlands Senior Ctr  
44681 Old Hwy 80  
Jacumba 91934  
12:30 pm - 1:30 pm  
Oceanside Senior Ctr  
455 Country Club Lane  
Oceanside 92054  
9:00 am - 11:30 am  
Carlsbad Holiday Park  
(Across the street from the learning center)  
3235 Eureka Place  
Carlsbad 92008  
1:00 pm - 2:00 pm  
Oceanside Silvercrest  
3839 Lake Boulevard  
Oceanside 92056  
9:00 am - 10:00 am  
Gloria McClellan Adult Activity & Resource Center (Vista Senior Center)  
1400 Vale Terrace Dr Vista 92084  
11:00 am - 12:00 pm  
San Marcos Senior Activity Center  
111 Richmar Avenue  
San Marcos 92069  
1:30 pm - 3:00 pm  
St James Plaza  
1052 9th Street  
Imperial Beach 91932  
9:00 am - 10:00 am  
MidCity Church Nazarene  
4101 University Ave San Diego 92105  
1:30 pm - 3:00 pm  
Mira Mesa Senior Ctr  
8460 Mira Mesa Blvd San Diego 92126  
9:00 am - 12:00 pm  
Mesa View Baptist  
13230 Pomerado Rd Poway 92064  
1:30 pm - 3:00 pm  |
| 21     | 22      | 23        | 24       | 25     |
| Salvation Army Downtown  
730 F Street  
San Diego 92101  
9:00 am - 11:30 am  
LGBT Comm Ctr  
3909 Centre Street  
San Diego 92103  
1:00 pm - 3:00 pm  
Linda Vista United Methodist Church  
6869 Tait Street  
San Diego 92111  
1:30 pm - 3:00pm  
Kimball Senior Ctr  
1221 D Avenue  
National City 91950  
9:00 am - 12:00 pm  
Jamul Community Church  
14866 Lyons Valley Road Jamul 91935  
8:00 am – 8:30 am  
Dulzura Barret Trailer Park  
1250 Barret Lake Road Dulzura 91977  
9:15 am - 9:45 am  
Potrero Library  
24883 Potrero Valley Rd Potrero 91963  
11:00 am - 12:15 pm  
Lake Morena Church  
29765 Oak Drive Campo 91906  
1:30 pm - 2:00 pm  |
| 22     | 23      | 24       | 25       | 25     |
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1:30 pm - 2:00 pm  | 25     |
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Lake Morena Church  
29765 Oak Drive Campo 91906  
1:30 pm - 2:00 pm  | 25     |
<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Address</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>28</td>
<td>Park Avenue Comm Ctr</td>
<td>210 E Park Avenue</td>
<td>8:30 am - 11:30 am</td>
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<tr>
<td></td>
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<td>Escondido 92025</td>
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</tr>
<tr>
<td></td>
<td>Lakeside Gardens</td>
<td>12219 Roberts Way</td>
<td>9:00 am - 10:00 am</td>
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<tr>
<td></td>
<td></td>
<td>Lakeside 92040</td>
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<tr>
<td></td>
<td>Laurel Park Apartments</td>
<td>10122 Buena Vista Ave</td>
<td>10:30 am - 11:30 am</td>
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<td></td>
<td>Santee 92071</td>
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<tr>
<td></td>
<td>College Avenue Center</td>
<td>6299 Capri Drive</td>
<td>1:00 pm - 3:00 pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td>San Diego 92120</td>
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</tbody>
</table>

For future distributions, please check back on our website:
SanDiegoFoodBank.org/GetHelp

Senior Food Program • September 2020