



# Super Pantry



## What is a Super Pantry?

Super Pantries are food distribution hubs located across San Diego County that offer both contactless “drive-thru” and “walk-up” food distribution services. All Super Pantries are open for food distribution a minimum of 3 days per week.

Individuals and families in need of food assistance can visit your nearest Super Pantry during opening hours to receive emergency groceries and resources.

**35 Super Pantries** in total will be listed by July 31, 2020. Check back at [www.SanDiegoFoodBank.org/GetHelp](http://www.SanDiegoFoodBank.org/GetHelp) weekly for an updated list.

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## CENTRAL

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**Location:** Jewish Family Service of San Diego  
8804 Balboa Avenue  
San Diego, CA 92123

Near Coleman University. Distribution is at the building on your left as you enter parking lot;

**Food Distribution Days & Hours:** Monday – Friday 11:00 am – 1:00 pm

**Helpful Tips:** this site can provide diapers upon request

**Upcoming 2020 holiday closures:** closed September 28 (Yom Kippur); November 26-27 (Thanksgiving); December 25 (Christmas)

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**Location:** Old Town Community Church  
2444 Congress Street  
San Diego, CA 92112  
Between San Diego Avenue and Conde Street

**Food Distribution Days & Hours:** Mondays, Tuesdays, Wednesdays 12:00 pm – 3:00 pm

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** St Paul United Methodist Church of San Diego  
3094 L Street  
San Diego, CA 92102

Cross street is 31st St. Distribution takes place in back of the Church, go up the alley way; entrance will be on your left.

**Food Distribution Days & Hours:** Mondays, Wednesdays, Thursdays 12:00 pm - 2:00 pm

**2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Father Joe's Village  
3350 E Street  
San Diego, CA 92102

**Food Distribution Days & Hours:** Monday, Thursday, & Friday 12:00 pm - 2:00 pm

**Helpful Tips:** this site can provide diapers upon request

Updated 10/9/2020

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

- From I-15 take exit 2A for Market St, turn left onto Market St, turn right onto 33rd St, 33rd St turns right and becomes Pickwick St, drive through the gate at rear of warehouse and proceed to dock # 2.
- From CA-94 West, take exit 1D toward 30th St, keep left at the fork, follow signs for 32nd St, turn left onto Broadway, continue onto 32nd St, drive to Pickwick St and turn left, turn left onto 33rd St, 33rd St turns right and becomes Pickwick St, drive through the gate at rear of warehouse and proceed to dock # 2

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**Location:** La Maestra  
4060 Fairmount Avenue  
San Diego, CA 92015

**Food Distribution Days & Hours:** Monday and Wednesday 9:00 am - 2:00 pm; Friday 10:00 am - 3:00 pm

**Helpful Tips:** this site can provide diapers upon request

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Special Delivery San Diego  
4021 Goldfinch Street  
San Diego, CA 92103

**Food Distribution Days & Hours:** Monday-Thursday 11:00 am - 1:30 pm

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Ministerio Tiempo Nuevo at Bethel Baptist Church  
1962 Euclid Avenue  
San Diego, CA 92105

**Food Distribution Days & Hours:** Friday from 9:45 am - 12:00 pm

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**Location:** Paving Great Futures at Jacobs Center for Neighborhood Innovation  
404 Euclid Avenue  
San Diego, CA 92114

**Food Distribution Days & Hours:** Tuesdays 2:00 pm - 6:00 pm

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**Location:** Paving Great Futures at I Am My Brothers Keeper  
6601 Imperial Avenue  
San Diego, CA 92102

**Food Distribution Days & Hours:** Fridays 11:00 am - 2:00 pm

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**Location:** Ascension Lutheran Church  
5106 Zion Avenue  
San Diego, CA 92120

**Food Distribution Days & Hours:** Tuesdays, Thursdays, and Saturdays 8:00 am – 11:00 am

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**Location:** North Park Apostolic Church  
2515 Lemon Grove Avenue  
Lemon Grove, CA 91945

**Food Distribution Days & Hours:** Tuesdays, Wednesdays, Thursdays 12:00 pm – 3:00 pm

**Location:** Somali Bantu Association of America  
4975 University Avenue  
San Diego, CA 92015

**Food Distribution Days & Hours:** Mondays, Wednesdays, Fridays 12:00 pm – 3:00 pm

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Uptown Community Service & St Luke's Episcopal Church  
3725 30th Street  
San Diego, CA

**Food Distribution Days & Hours:**

**Drive-thru hours:** Mondays and Wednesdays 4:00 pm – 7:00 pm at the corner of Landis and 30th Street

**Walk up Distribution:** Thursdays 11 am – 1:45 pm at St Luke's Episcopal Church

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**Location:** USO San Diego  
2790 Truxtun Rd Suite 110  
San Diego, CA 92106

**Food Distribution Days & Hours:** Tuesday, Wednesday, and Thursday 10:00 am – 1:00 pm

**Drive-thru hours:** 1<sup>st</sup> and 3<sup>rd</sup> Friday of each month, view USO's Facebook page for rotating location  
[facebook.com/usosandiego](https://facebook.com/usosandiego)

**Helpful Tips:** this site is for **military families only**

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## NORTH COUNTY

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**Location:** North County Food Bank  
1445 Engineer Street, Suite #110  
Vista, CA 92081

Nearest major intersection is Sycamore and S. Melrose.

**Food Distribution Days & Hours:** **Food Distribution Days & Hours:** Monday - Friday 9:00 am - 5:00 pm; if carpooling, must show proof of different addresses

**Helpful Tips:** this site can also provide diapers

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Brother Benno Foundation  
3260 Production Avenue  
Oceanside, CA 92058  
Between Roymar Road and Airport Road

**Food Distribution Days & Hours:** Monday - Friday from 6:30 am - 10:45 am & 11:30 am - 12:00 pm

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Community Food Connection  
14047 Twin Peaks Road  
Poway, CA 92064

Passing Twin Peaks Middle School just before CIRCLE K behind Trinity Church

**Food Distribution Days & Hours:** Mondays, Wednesdays, & Fridays from 3:00 pm - 6:00 pm

**Helpful Tips:** Food Pantry is in portable trailer behind the church

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Fallbrook Food Pantry  
140 N. Brandon Road  
Fallbrook, CA 92028

**Food Distribution Days & Hours:** Monday – Friday 9:30 am – 12:30 pm

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Mission San Luis Rey Parish  
4070 Mission Avenue  
Oceanside, CA 92507

**Food Distribution Days & Hours:** Tuesday, Wednesday, and Thursday 9:00 am - 3:00 pm

**Helpful Tips:** this site can provide diapers upon request

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**Location:** Ministerio Tiempo Nuevo at Iglesia Rosa de Saron  
1703 E Valley Parkway #6  
Escondido, CA 92027

**Food Distribution Days & Hours:** Saturdays 6:00 am to 10:00 am

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**Location:** Ministerio Tiempo Nuevo at Calvary Church  
885 Vista Way  
Vista, CA 92084

**Food Distribution Days & Hours:** Wednesdays 7:00 am to 10:00 am

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**Location:** Interfaith Community Services  
550 West Washington Avenue  
Escondido, CA 92025

**Food Distribution Days & Hours:** Monday-Friday 8:00 am - 11:00 am and 1:00 pm - 3:00 pm

**Helpful Tips:** this site can provide diapers upon request

**Upcoming Holiday closures:** 1<sup>st</sup> Friday of each month

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** San Marcos Adventist Church  
363 Woodland Parkway  
San Marcos, CA 92081

**Food Distribution Days & Hours:** Drive-thru Tuesdays 4:00 pm - 6:00 pm

Walk-up Saturdays 1:00 pm - 4:00 pm

Walk-up Sundays from 2:30 pm - 6:30 pm

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**Location:** Buckheart Ranch  
16881 Old Survey Road  
Escondido, CA 92025

**Food Distribution Days & Hours:** Wednesdays and Thursdays 9:00 am – 12:00 pm; Fridays 4:00 pm – 7:00 pm

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**Location:** San Diego Christian Center (The Center)  
1305 Deodar Road  
Escondido, CA 92026

**Food Distribution Days & Hours:** Monday, Wednesday, Friday 12-2:30

Sunday 11:00-12:30

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**Location:** Summit Church  
292 E. Barham Drive (rear parking lot)  
San Marcos, CA 92078

**Food Distribution Days & Hours:** 2nd & 4th Saturdays of each month, 10:30 am – 12:00 pm; Tuesdays 11:00 am – 2:00 pm; Thursdays 3:00 pm – 6:00 pm; Sundays 10:00 am – 1:00 pm

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## EAST COUNTY & RURAL

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**Location:** Heaven's Windows  
8848 Troy Street  
Spring Valley, CA 91977  
At Goodland Acres County Park

**Food Distribution Days & Hours:** COVID-19 Hours: Tuesday - Friday from 9:00 am - 12:00 pm

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**Location:** Salvation Army - El Cajon  
1025 East Main Street  
El Cajon, CA 92021  
Cross street is Anza

**Food Distribution Days & Hours:** Mondays 1:00 pm – 4:00 pm; Wednesdays 1:00 pm – 4:00 pm; Fridays 1:00 pm – 6:00 pm

**Helpful Tips:** Tuesdays and Fridays 9:00 am – 12:00 pm homeless services

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Santee Food Bank  
9715 Halberns Blvd.  
Santee, CA 92071

**Food Distribution Days & Hours:** Wednesdays, Fridays, and Saturdays 8:00 am – 11:00 am; 1<sup>ST</sup> and 3<sup>rd</sup> Tuesday of each month from 8:00 am – 11:00 am

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**Location:** Samoa Independent  
2055 Skyline Drive  
Lemon Grove, CA 91945

**Food Distribution Days & Hours:** Mondays, Tuesdays, Wednesdays 9:00 am – 12:00 pm

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Stepping Higher Incorporated  
9923 Campo Road, Suite A  
Spring Valley, CA 91977

**Food Distribution Days & Hours:** Tuesdays, Wednesdays, and Thursdays 10:00 am – 1:00 pm

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**Location:** Ministerio Tiempo Nuevo  
8179 Broadway Boulevard  
Lemon Grove, CA 91945

**Food Distribution Days & Hours:** Monday - Friday 8:00 am - 11:45

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Ministerio Tiempo Nuevo at Bethel Assembly of God  
1929 Arnold Way  
Alpine, CA 91901

**Food Distribution Days & Hours:** Thursdays from 10:00 am – 12:00 pm

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**Location:** Ministerio Tiempo Nuevo  
8179 Broadway Boulevard  
Lemon Grove, CA 91945

**Food Distribution Days & Hours:** Monday - Friday 8:00 am - 11:45

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Ministerio Tiempo Nuevo at Bethel Assembly of God  
1929 Arnold Way  
Alpine, CA 91901

**Food Distribution Days & Hours:** Thursdays from 10:00 am – 12:00 pm

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## SOUTH BAY

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**Location:** Murphy's Produce with Purpose  
1031 National City Boulevard  
National City, CA 91950

**Food Distribution Days & Hours:** Tuesdays and Fridays 12:00 pm – 3:00 pm

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**Location:** St Vincent de Paul Our Lady Mount Carmel  
2020 Alaquinas Drive  
San Ysidro, CA 92173

**Food Distribution Days & Hours:** Mondays Food Pantry 9:00 am - 12:00 pm; Fridays Food Pantry 3:00 pm - 6:00 pm; Sundays Food distribution 7:30 am - 10:30 am

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Hearts & Hands Working Together  
663 E San Ysidro Boulevard  
San Ysidro, CA 92173

At San Ysidro Community Service Center. Distribution happens in the back of the building; wire fence door at far left of parking lot will open exactly at distribution time.

**Food Distribution Days & Hours:** COVID-19 hours: Monday - Friday from 3:00 pm - 5:30 pm

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Community Through Hope  
465 C Street  
Chula Vista, CA 91910

**Food Distribution Days & Hours:** Tuesday & Thursday 8:00 am - 10:00 am (drive-thru or walk up);  
Wednesday 9:00 am - 2:00 pm (walk-up by appointment only)

**Helpful Tips:** this site can provide diapers upon request

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**Location:** Operation Promise  
630 Corte Maria Avenue  
Chula Vista, CA 91910

**Food Distribution Days & Hours:** Monday 1:00 pm - 3:00 pm, Wednesday 1:00 pm - 4:00 pm, Thursday 1:00 pm - 5:00 pm

**Helpful Tips:** Diapers are distributed on Mondays and Wednesdays

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** Paving Great Futures at Bay Terrace Community Parks  
7373 Tooma St,  
San Diego, CA 92139

**Food Distribution Days & Hours:** Fridays 11:00 am - 2:00 pm

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**Location:** South Bay Pentecostal  
395 D Street  
Chula Vista, CA 91910

**Food Distribution Days & Hours:** Mondays (walk-in only) 3:00 pm – 6:00 pm; Fridays and Saturdays (drive-thru only) 9:00 am – 12:00 pm

**Upcoming 2020 holiday closures:** closed September 7 (Labor Day)

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**Location:** San Diego Rescue Mission  
200 East 26<sup>th</sup> Street  
National City, CA 91950

**Food Distribution Days & Hours:** Mondays and Fridays from 12:00 pm – 3:00 pm

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For other programs' distributions, please check our website:

**[SanDiegoFoodBank.org/GetHelp](https://www.sandiegofoodbank.org/GetHelp)**

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