



Diaper Bank Program – Diaper Distribution Sites

The San Diego Food Bank and our North County Food Bank chapter partners with dozens of nonprofit organizations to distribute diapers to families in need throughout San Diego County.

Each location has different operating hours, and may have different eligibility criteria to receive diapers.



REGION	DIAPER DISTRIBUTION SITE	PROCESS AND QUALIFICATIONS	PHONE NUMBER
Central	Give San Diego 7710 Balboa Avenue, Suite 208 C San Diego, CA 92111	For latest information on diaper distributions please follow our Facebook & Instagram page: @givesandiego	858-247-3033
Central	Project Access Inc. 690 Beardsley Street, Suite #100 San Diego, CA 92113	Available for residents for Project Access Sites. Call to start the assessment process by phone. Sizes and quantities are limited to availability.	858-381-0042
Central	38th Street Church of Christ Church Annex 3805 Hemlock Street San Diego, CA 92113	Diapers available by appointment only. Please wear a mask or face covering when picking up for safety reasons.	619-347-1495
Central	Step Forward 2772 Fourth Ave., 2nd floor San Diego, CA 92103	MUST be a CalWORKs recipient and part of the Step Forward program to access diaper services. Call to confirm size and quantity availability.	619-295-6067
Central	Armed Services YMCA San Diego 3293 Santo Road San Diego, CA 92124	Twice monthly on Mondays, please call 858-751-5755 for details.	858-751-5755
Central	Birthline Clairemont 3660 Clairemont Drive, Suite 4 San Diego, CA 92117	Monday and Wednesday from 10:00 am – 2:00 pm (subject to change). Please check online at www.birthlineofsd.org for the most up-to-date info.	858-270-2491
Central	San Diego Food Bank 9850 Distribution Avenue San Diego, CA 92121	Call to schedule an appointment for diapers and food. This is a one-time only food/diaper assistance site.	858-527-1419
Central	Salvation Army KROC Center 6845 University Avenue San Diego, CA 92115	Open to residents within service area (La Mesa, Lemon Grove, College Area, Del Cerro, City Heights). Please visit www.sd.kroccenter.org for forms and requirements, and bring them to the dropbox for contactless screening and approval.	619-269-1430
Central	Sharia's Closet 6244 El Cajon Boulevard, #5 San Diego, CA 92115	Please fill out the online request form here: https://docs.google.com/forms/d/e/1FAIpQLSdFaa1WZkEpX2Fuki2VBbP2Er1PALIM-84pl0UbJ13IX4D_wv/viewform	619-808-4979
Central	Jewish Family Service of San Diego 8804 Balboa Avenue San Diego, CA 92123	Please call 858-637-3027 to schedule a no touch diaper appointment.	858-637-3210
Central	Union of Pan Asian Communities 5296 University Avenue Ste. A San Diego, CA 92105	Every Wednesday from 12:00 pm – 3:00 pm, no appointment required, limited to one visit per month.	619-232-6454
Central	Partnership for a Better San Diego (Labor Council) 4265 Fairmount Avenue San Diego, CA 92105	Tuesday – Friday from 10:00 am – 4:00 pm by appointment only, no ID required. Call 619-321-6851 and leave a message to schedule.	619-321-6851
Central	Somali Bantu Association of America 4979 University Avenue, Ste. A San Diego, CA 92105	Every Friday from 8:00 am – 1:00 pm. Call 619-546-9346 for diaper size availability, no appointment required.	619-546-9346

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Central	Rock Church City Heights 4001 El Cajon Boulevard San Diego, CA 92105	Drive through distribution, 2nd Thursday of the month from 10:00 am – 2:30 pm	619-248-7123
Central	Masjidul Taqwa San Diego, Feeding Our Community 2575 Imperial Avenue San Diego, CA 92104	Call 404-438-1991 for size and availability.	404-438-1991
Central	WeLuvSanDiego 6090 Banbury Street San Diego, CA 92139	Call 415-509-5688 for information.	415-509-5688
Central	Somali Family Service of San Diego 5348 University Avenue, Ste. 203 San Diego, CA 92105	Complete the diaper request via: https://forms.gle/GlobdDoYqL6RvnRL7	619-265-5821
Central	You Saved Me Foundation 3350 El Cajon Boulevard San Diego, CA 92104	Monday – Friday, 10:00 am – 4:30 pm, no appointment required. Please complete the online registration form at: https://www.yousaved.me/fresh-family-program.html	619-369-3249
Central	Operation Homefront OperationHomefront.org california@operationhomefront.org	Open to current and former military families only; register here to get assistance: https://my.operationhomefront.org/Account/Register	858-242-4995
Central	St. Vincent De Paul at St. Gabriel's Church 13734 Twin Peaks Road Poway, CA 92064	2nd Sunday of every month from 3:00 pm – 4:00 pm, except the months of Easter, Thanksgiving, and Christmas.	858-748-5348
Central	Miracle Babies 8745 Aero Drive, Ste. 308 San Diego, CA 92123	Monday – Friday from 10:00 am – 2:00 pm, please call ahead to schedule a pick up.	858-633-8540
Central	Logan Temple A.M.E. Zion Church 302 South 32nd Street San Diego, CA 92113	Every Saturday, 9:00 am - 12:00 pm	760-704-7658
East County	Good Shepherd Ministry Center/Little Lambs Diaper Program 772 S. Johnson Avenue El Cajon, CA 92020	Every Saturday from 8:00 am – 10:00 am. Call for diaper size availability. No appointment required, diapers provided to children under 4 years.	619-442-9491
East County	San Diego Military Outreach Ministries 4426 Harbinson Avenue La Mesa CA 91942	Email at Office@SanDiegoMom.org to start the assessment process. Sizes and quantities are limited to availability.	619-461-4164
East County	Journey Community Church 8363 Center Drive La Mesa, CA 91942	3 rd Saturday of the month from 8:00 am – 10:00 am No Appointment required.	619-464-4544
East County	Julian Pathway's, Inc. 1704 Cape Horn Julian, CA 92036	Monday – Friday from 9:00 am – 3:00 pm, call ahead to check availability.	760-765-0661 x6
East County	Ministerio Tiempo Nuevo 8179 Broadway Lemon Grove, CA 91945	Monday - Friday, 8:00 am - 11:45 am	619-765-9454
East County	Stepping Higher Inc. 9923 Campo Road, Suite A. Spring Valley, CA 91945	Every Thursday from 9:00 am – 2:00 pm No appointment necessary, but call for size and quantity availability. No more than 1 package per child, or 3 packages per household per month. Parent signature required. Children's birth record or other birth documentation required. Please call for more information regarding evening pickups.	619-825-3930

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East County	<i>Salvation Army East County Red Shield Community Center</i> 1011 E. Main Street El Cajon, CA 92021	Monday & Wednesday from 1:00 pm – 4:00 pm, Friday from 1:00 pm – 6:00 pm Must show I.D. for all family members, children under 4 only, limited to once per month per child.	619-440-4683

REGION	DIAPER DISTRIBUTION SITE	PROCESS AND QUALIFICATIONS	PHONE NUMBER
East County	Faith Mountain Pentecostal 12443 Woodside Avenue Lakeside, CA 92040	Diapers available during food distribution, every Sunday at 1:00 pm and Tuesday at 9:00 pm	619-938-1070
East County	Joseph's Storehouse at Spring Valley Community Church 3310 Bancroft Drive Spring Valley, CA 91977	Tuesday, Thursday, and Friday from 9:00 am – 12:00 pm	619-342-1414
East County	Rock Church East County 808 Jackman Street El Cajon, CA 92020	Diapers are available during the monthly food distribution, 3rd Tuesday of every month, 12:00 pm until food is gone. Sizes and quantities limited to availability.	619-226-7625
East County	Education Support Center 9950 Campo Road, Ste. 203B Spring Valley, CA 91977	Call 619-825-7493 to inquire and to start assessment process by phone. NOTE: Sizes and quantities are limited to availability.	619-825-7493
East County	Baby Ruth's Safe Haven 123 Worthington Street, Ste. 203-204 Spring Valley, CA 91977	Call 619-472-3900 to begin the intake process by phone. Sizes and quantities are limited to availability. By appointment only. MASKS REQUIRED	619-472-3900
South Bay	USO San Diego 2790 Truxtun Road, Suite 110 San Diego, CA 92106	Must have valid active duty or dependent military I.D. Diapers are distributed the 1 st and 3 rd Friday of the month from 12:00 pm – 2:00 pm. For more details, please follow us on social media: @usosandiego or call: 619-235-6503	619-235-6503
South Bay	Latter Rain Mission & Training Center 750 13th Street, Suite A-1 Imperial Beach, CA 91932	Call to start the assessment process and for appointments. Sizes and quantities are limited.	619-575-8010
South Bay	Victory Resource Center, Victory Lutheran Church 1220 3rd Avenue, Suite 1 Chula Vista, CA 91911	Appointments available, Monday – Friday from 9:00 am – 12:30 pm. Walk-ins welcome, Monday, Wednesday, & Friday from 10:00 am – 12:30 pm. Email vrc@victorysouthbay.org or call 619-777-1124 to make an appointment.	619-777-1124
South Bay	Operation Promise 630 Corte Maria Avenue Chula Vista, CA 91910	Every Monday from 1:00 pm – 5:00 pm. Call for diaper size and availability.	619-902-1206
South Bay	Food Pantry at Chollas View Church 904 47th Street San Diego, CA 92102	1 st Saturday of the month from 10:00 am – 12:00 pm and 3 rd Friday of the month from 11:00 am – 2:00 pm.	858-663-0471
South Bay	Logan Temple AME Zion Church 302 S 32nd Street San Diego, CA 92113	Every Saturday from 10:00 am – 12:00 pm for food and diapers.	619-233-8780 757-802-0925
South Bay	Urban Refuge 4070 Bonita Road Bonita, CA 91902	Distribution temporarily on hold.	619-721-3790
South Bay	St. Paul United Methodist Church 3094 L Street San Diego, CA 92102	Every Thursday from 12:00 pm – 1:30 pm **MASKS/FACIAL COVERING REQUIRED**	619-232-5683
South Bay	Project 1:1 560 Palomar Street Chula Vista, CA 91911	3rd Thursday of the month, call for more information	619-777-6723
South Bay	San Ysidro Health Centers WIC Offices	Call to make an appointment for San Ysidro Health WIC services and to pick up diapers.	888-942-7942

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South Bay	Father Joe's Village 3350 E Street San Diego, CA 92102	Every Monday, Thursday, & Friday from 12:00 pm – 2:00 pm	619-233-8500
South Bay	South Bay Food Pantry 970 Broadway Street Chula Vista, CA 91911	Every Sunday 8:15 am – 9:15 am. Call (619) 271-5017 for diaper size availability. No appointment, identification, or proof of income are required.	619-271-5017
South Bay	St. Vincent de Paul Our Lady of Mt. Carmel 2020 Alaquinas Drive San Ysidro, CA 92173	Every Wednesday and Friday, 4:00 pm - 6:00 pm.	619-948-7395
South Bay	Silent Voices, Inc. 355 K Street, Ste. H Chula Vista, CA 91911	Call for information and size availability. Monday – Friday 10:00 am – 4:00 pm	619-422-0757
South Bay	Friendships for Hope 2711 Burden Way (Behind Paradise Valley Church) National City, CA 91950	Every Wednesday 9:00 am – 12:00 pm. Please call Peggy at 619-395-5088 to start the assessment process and check availability.	619-395-5088
South Bay	Hearts and Hands Working Together 2020 Alaquinas Drive San Ysidro, CA 92173	2nd Tuesday of the month from 8:00 am – 12:00 pm. In the Our Lady of Mount Carmel parking lot. Sizes and quantities are limited to availability.	619-662-7592
North County	Breath of Life Ministries, Grace Vineyard Church 102 N. Freeman Street Oceanside, CA 92054	Every Wednesday from 6:00 pm – 8:00 pm, by appointment only. Please call for more information.	760-847-8666
North County	Fallbrook Spanish 7th Day Adventist 439 Iowa Street Fallbrook, CA 92028	1 st Wednesday of every month from 6:00 pm – 7:00 pm.	760-468-4783
North County	MAAC Project Vista 956 Vale Terrace Drive Vista, CA 92084	1 st Wednesday from 9:00 am – 12:00 pm 3 rd Wednesday from 3:00 pm – 6:00 pm	760-471-4210
North County	North County Lifeline 200 Michigan Avenue Vista, CA 92084	Open to current clients only. Call to inquire about program eligibility.	760-726-4900
North County	Vista Community Clinic 1000 Vale Terrace Drive Vista, CA 92084	Call 760-631-5000 x7014 and leave a message. Your call will be returned in the order it was received.	760-631-5000 x7014
North County	Vista Community Clinic - Durian 105 Durian Street, Suite A Vista, CA 92083	VCC Pediatric Patients only. Diapers distributed during scheduled appointments. Supplies limited.	760-631-5000
North County	San Marcos 7th Day Adventist Church 363 Woodland Parkway San Marcos, CA 92069	1 st and 3 rd Tuesday from 4:00 pm – 6:00 pm	760-690-7780
North County	Summit Church 292 East Barham Drive San Marcos, CA 92078	Every Sunday from 10:00 am – 1:00 pm, every Tuesday from 11:00 am – 2:00 pm, every Thursday from 3:00 pm – 6:00 pm, 2nd & 4th Saturdays from 10:30 am-12:00 pm	760-471-6267
North County	Mission San Luis Rey Parish, Loretto House Food Pantry 4070 Mission Avenue Oceanside, CA 92057	Tuesdays – Saturdays from 8:00 am – 4:00 pm. Call 760-547-0708 or email angel@sanluisreyparish.org for diaper size and availability.	760-547-0708
North County	Ramona Food & Clothes Closet 773 Main Street Ramona, CA 92065	Monday – Friday 9:30 am – 12:30 pm & 2:30 pm – 4:00 pm. No appointment required.	760-789-4458

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North County	Rock Church San Marcos 1370 W. San Marcos Boulevard San Marcos, CA 92078	1 st Thursday of every month from 12:00 pm – 2:00 pm. No appointment required	619-226-7625
North County	North County Food Bank 1445 Engineer Street, Suite 110 Vista, CA 92081	Monday – Friday from 9:00 am – 4:00 pm, drive-thru distribution until further notice, must request diapers, must provide proof of multiple addresses if carpooling, otherwise, one household per car.	858-863-5177
North County	St. Andrew's Episcopal Church 890 Balour Drive Encinitas, CA 92024	Thursday from 2:00 pm – 4:00 pm, drive-thru distribution, one household per car, diapers upon request.	760-214-7550
North County	Shiloh Church of God in Christ 1517 Dubuque Street Oceanside, CA 92058	Last Thursday of every month from 2:00 pm – 3:30 pm. No appointment needed, call for diaper size availability	760-967-9733
North County	Lived Experiences, Inc. 1106 Whaley Street Oceanside, CA 92054	Call for information and size availability.	619-368-3790
North County	Foundation Matthew 633, Inc. 1800 N. Broadway Escondido, CA 92026	Mondays & Fridays from 10:00 am – 11:30 am	619-253-9951
North County	Interfaith Community Services 550 W Washington Avenue Escondido, CA 92025	Monday - Friday, 8:00 am - 11:00 am, closed first Friday of every month.	760-489-6380
North County	R.A.W. Ministries 777 W. Felicita Road Escondido, CA 92025	Every Wednesday, 11:00 am -12:00 pm	760-580-0835
North County	The Center (San Diego Christian Center) 1305 Deodar Road Escondido, CA 92026	Drive-thru distribution (diapers and food) on Sundays from 11:30 am – 12:30 pm.	760-707-6681
North County	Shabach Resource Center 272 East Via Rancho Parkway, #157 (first floor, next to JC Penney) Escondido, CA 92025	Sunday - Thursday, 11:00 am - 7:00 pm, Friday & Saturday, 10:00 am -8:00 pm, no appointment necessary.	619-519-9090
North County	North Coast Church 2405 N. Santa Fe Avenue Vista, CA 92084	Distribution the last Tuesday of the month at 32077 Community Church Drive, Pauma Valley, CA 92061	760-724-6700
North County	Grace Presbyterian Church 1450 E. Vista Way Vista, CA 92084	Every Tuesday & Wednesday from 8:00 am – 9:30 am, and every Saturday from 10:00 am – 11:30 am. Sizes are limited to availability.	760-724-0077
North County	Women of Promise Resource Center 1605 Grand Avenue, Suite 1 San Marcos, CA 92078	Monday - Thursday, 9:00 am - 4:00 pm, and Fridays by appointment only. Call 760-539-7350 for appointment times and availability.	760-539-7350

This list was last updated on July 8, 2021.