



**EMERGENCY FOOD ASSISTANCE PROGRAM (EFAP) DISTRIBUTION ROSTER
BUS TRAVEL INFORMATION CALL 619-233-3004**

visit: www.sdcommute.com

Income Guidelines

Household Size	Monthly HH Income	Annual
1	\$2,522.33	\$30,268.00
2	\$3,411.42	\$40,937.00
3	\$4,300.50	\$51,606.00
4	\$5,189.58	\$62,275.00
5	\$6,078.67	\$72,944.00
6	\$6,967.75	\$83,613.00
7	\$7,856.83	\$94,282.00
8	\$8,745.92	\$104,951.00
Each additional member add:		
	\$889.08	\$10,669.00

The Emergency Food Assistance Program (EFAP), distributes USDA food packages every month to more than 100,000 individuals, low income families, young kids and seniors, at nearly 90 distribution sites, if you do not exceed the income requirements posted. Please see below for the closest distribution site. Or call the San Diego Food Bank toll free at 1-866-350-3663.

Jacobs Cushman San Diego Food Bank • Emergency Food Assistance Program

Updated 3/23/2022

Region	Agency Name	Address	Driving Directions	Hours	2022 Holiday closures or rescheduled	Notes
Home Delivery	Catholic Charities Emergency Food Distribution Network	Delivery service throughout San Diego County made possible by the network of 16 parishes	Home-delivery	Request delivery at www.ccdsd.org/efdn or call (619) 323-2841 follow the prompts (option 2); phone options in English, Spanish and Vietnamese	<i>No holiday closures scheduled</i>	Delivery service is intended for seniors and persons with a disability who cannot attend distribution sites
Central	Old Town Community Church	2444 Congress Street San Diego, CA 92110	Between San Diego Avenue and Conde Street	Monday - Wednesday 12:00 pm - 3:00 pm	Closed on: May 30 July 4 September 5 December 26	Walk-ins
Central	Jewish Family Service of San Diego	8804 Balboa Avenue San Diego, CA 92123		Monday, Wednesday & Friday 2:00 pm - 4:00 pm	Closed on: January 17 February 21 May 30 July 4 September 5, 26, 27 October 5 November 24, 25 December 26	Drive-thru
Central	Community Christian Service Agency	4167 Rappahannock Avenue San Diego, CA 92117	North of Linda Vista Road; cross street is Clairemont Drive	Monday - Friday 9:30 am - 3:30 pm	Closed on: January 17 February 21 May 30 July 4 September 5 November 11, 24, 25 December 26	Walk-ins
Central	Calvary Evangelical Lutheran Church	3060 54th Street San Diego, CA 92105	Enter through 54th Frontage Street; enter the one-story building in back of the church building	Mondays & Wednesdays 11:00 am - 2:00 pm	Closed on: February 21 May 30 July 4 September 5 December 26 - 30	Walk-ins

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Central	CMC Good Neighbor Center (Meade Site)	3295 Meade Avenue San Diego, CA 92116	Cross street is 33rd Street; distribution is inside Christ Methodist Church; entrance behind building	Wednesdays 10:00 am - 12:00 pm	<i>No holiday closures scheduled</i>	Walk-ins
Central	California Independent Provider Training Center	4855 Seminole Drive San Diego, CA 92115		4th Friday of the month 10:00 am - 12:00 pm	Rescheduled to: 11/18/2022 in November 12/16/2022 in December	Drive-thru
Central	Stepping Higher Incorporated	138 28th Street San Diego, CA 92102		Tuesdays - Thursdays 10:00 am – 1:00 pm	Closed on: <i>No holiday closures scheduled</i>	Walk-ins
Central	Greater Victory Baptist Church	1045 South 29th Street San Diego, CA 92113	Between National Avenue and Newton Avenue	Thursdays 10:00 am - 12:00 pm	Closed on: November 24	Walk-ins
Central	Uptown Faith Community Service Center	3725 30th Street San Diego, CA 92104	Distribution takes place on corner of Landis and 30th street	Mondays & Fridays 3:00 pm - 6:00 pm	Closed on: January 17 February 21 May 30 July 4 September 5 October 10 November 11, 25 December 26	Drive-thru
Central	Grace Church of San Diego	4637 Oregon Street San Diego, CA 92116	Cross street is Madison Avenue	4th Saturday of the month 9:00 am -11:00 am	Rescheduled to: 4/16/2022 in April 11/19/2022 in November 12/17/2022 in December	Walk-ins
Central	St Paul United Methodist Church of San Diego	3094 L Street San Diego, CA 92102	Cross street is 31st Street	1st & 4th Thursday of the month 12:00 pm - 3:00 pm	Closed on: November 24	Walk-ins

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Central	New Hope Seventh Day Adventist Church	2420 52nd Street San Diego, CA 92105	Enter 54th Street turn on Laurel Street	Thursday before the 1st Friday of the month 9:00 am - 11:00 am	Rescheduled to: 3/30/2022 in April	Line numbers issued at 8:00 am; you can leave the line; special lines those persons with disabilities and seniors
Central	St Agnes Church	1145 Evergreen Street San Diego, CA 92106	Near Portugal and Rosecrans in Point Loma	4th Thursday of the month 8:30 am - 10:00 am	Rescheduled to: 11/17/2022 in November	Line numbers issued at 8:00 am; you cannot leave the line; special lines for persons with disabilities
Central	Apostolic Assembly First Church San Diego	611 South 35th Street San Diego, CA 92113	South on 35th St, past Correctional Alternatives, on left hand side	Thursday before the 1st Friday of the month 10:00 am - 12:00 pm	Rescheduled to: 3/30/2022 in April	Drive-thru & Walk-ins
Central	Encanto Southern Baptist Church	6020 Akins Avenue San Diego, CA 92114	Street runs parallel to Imperial Avenue; distribution on left side of main church building	Thursday before the 1st Friday of the month 11:00 am - 12:30 pm	Rescheduled to: 3/30/2022 in April	Walk-ins
Central	San Diego Armed Services YMCA	3293 Santo Road San Diego, CA 92124	Distribution in parking lot	4th Thursday of the month 10:00 am - 12:00 pm	Rescheduled to: 11/17/2022 in November	Line numbers issued at 9:00 am; all military welcome; you can leave the line; special lines for persons with disabilities
Central	Salvation Army Centre City, the	825 7th Avenue San Diego, CA 92101		3rd Friday of the month 9:00 am - 11:00 am	Rescheduled to: 4/22/2022 in April	Walk-ins

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Central	Sherman Heights Community Center	2258 Island Avenue San Diego, CA 92102	Between Market and 24th Street	1st Friday of the month 9:00 am - 12:00 pm	No holiday closures scheduled	Line numbers issued at 5:00 am; you can leave the line; special lines for persons with disabilities and seniors
Central	Food Pantry at Chollas View Church	1005 47th Street San Diego, CA 92102	Parking lot of Gompers Preparatory Academy	Saturdays 10:00 am - 12:00 pm	Closed on: December 25 January 1	Drive-thru
Central	Good News Baptist Church	4106 Swift Avenue San Diego, CA 92104	Between University and Orange Avenue	1st Friday of the month 9:00 am - 11:00 am	No holiday closures scheduled	Line numbers issued at 7:00 am; you can leave the line; special lines for persons with disabilities and seniors
Central	Mid-City Church of the Nazarene	4101 University Avenue San Diego, CA 92105		1st Saturday of the month 9:00 am - 11:00 am	Rescheduled to: 1/08/2022 in January 9/10/2022 in September	Walk-ins
Central	MAAC Project at Hillside Views	1655 Euclid Avenue San Diego, CA 92105	Big Lots! Parking lot	1st Friday of the month 9:00 am until food is gone	No holiday closures scheduled	Line numbers issued at 7:30 am; you can leave the line; special lines for persons with disabilities and seniors
Central	MAAC Project at Mercado Apartments	2001 Newton Avenue San Diego, CA 92113	Near Logan Street and Main Street	1st Friday of the month 9:00 am - 12:00 pm	No holiday closures scheduled	Line numbers issued at 8:30 am; you can leave the line

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Central	Ascension Lutheran Church	5106 Zion Avenue San Diego, CA 92120	East Mission Gorge Road West Waring Street	1st Friday of the month 8:30 am - 10:30 am; Tuesdays & Saturdays 8:30 am - 10:30 am	<i>No holiday closures scheduled</i>	Line numbers issued at 8:00 am; you cannot leave the line; special lines for persons with disabilities
Central	Ladle Fellowship	320 Date Street San Diego, CA 92101	Between 3rd and 4th Avenue	2nd Saturday of the month 9:30 am - 11:00 am	<i>No holiday closures scheduled</i>	Walk-ins
Central	San Diego Broadway Spanish Seventh Day Adventist	2411 Broadway Street San Diego, CA 92102	Cross street is 24th Street	1st Saturday of the month 11:30 am - 1:30 pm	Rescheduled to: 1/08/2022 in January 9/10/2022 in September	Line numbers issued at 1:00 pm; you can leave the line; special lines for persons with disabilities
Central	Mt Moriah Christian Church	7055 Carroll Road San Diego, CA 92121	Church is at a business park; distribution behind church	Saturdays 9:00 am - 11:00 am	Closed on: January 1 November 26 December 24	Walk-ins
Central	The Church of Jesus Christ of Latter-day Saints (Linda Vista)	6840 Osler Street San Diego, CA 92111		2nd Saturday of the month 10:30 am - 12:30 pm	<i>No holiday closures scheduled</i>	Drive-thru & Walk-ins
East County	St Barnabas Episcopal Church	2680 Country Club Drive Borrego Springs, CA 92004	Between Stirrup Road and Church Rd	Monday before 3rd Tuesday of the month 10:30 am - 2:30 pm	Rescheduled to: 1/24/2022 in January	Drive-thru
East County	San Diego Food Bank at Back Country Boulevard	39919 Ribbonwood Road Boulevard, CA 91905			Rescheduled to: 10/17/2022 in October	Walk-ins
East County	Salvation Army at Lake Morena Community Church	29765 Oak Drive Campo, CA 91906	At Lake Morena Church	2nd Wednesday of the month 12:00 pm - 1:00 pm	<i>No holiday closures scheduled</i>	Walk-ins

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East County	Salvation Army - El Cajon	1025 East Main Street El Cajon , CA 92021	Cross street is Anza	3rd Wednesday of the month 9:00 am - 12:00 pm	<i>No holiday closures scheduled</i>	Line numbers issued at 9:00 am; you can leave the line
	Salvation Army at Guatay	27521 Old Hwy 80 Guatay , CA 91931	Christian Fellowship Church; parking lot across from liquor store	2nd Wednesday of the month 9:30 am - 10:30 am	<i>No holiday closures scheduled</i>	Walk-ins
East County	San Diego Food Bank at Back Country Jacumba	44681 Old Hwy 80 Jacumba , CA 91934		2nd Monday of the month 12:30 pm - 1:30 pm	Rescheduled to: 10/17/2022 in October	Walk-ins
	La Mesa Seventh Day Adventist Community Church	4207 Spring Gardens Road La Mesa , CA 91941	Across Spring Street; next to Sunny Donut Shop	Monday, Tuesday & Thursday 9:00 am - 12:00 pm	Closed on: February 21 May 30 July 4 September 5 November 24	Walk-ins
East County	Lakeside Christian Helps Center	9931 Channel Road Lakeside , CA 92040	Cross street is Woodside Avenue	Monday - Thursdays 10:00 am - 12:00 pm	Closed on: January 3, 17 February 21 March 31 May 30 July 4 September 5 October 10 November 24 December 26 - 30	Walk-ins
	MAAC Project Villa Lakeshore Apartments	12606 Lakeshore Drive Lakeside , CA 92040	In front of Lindo Lake Place	3rd Tuesday of the month 9:00 am until food is gone	<i>No holiday closures scheduled</i>	Drive-thru
East County	Potrero Community Center Foundation	24954 Potrero Valley Road Potrero , CA 91963	At junction with Broken Bone Lane	3rd Tuesday of the month 10:00 am - 1:00 pm; and by appointment call (619) 587-2964	<i>No holiday closures scheduled</i>	Walk-ins

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East County	Santee Food Bank	9715 Halberns Boulevard Santee , CA 92071	At Carlton Hills Evangelical Lutheran Church facility; distribution behind building	3rd Tuesday of the month 8:00 am - 11:00 am	<i>No holiday closures scheduled</i>	Walk-ins
	MAAC Project at San Martin de Porres Apartments	9140 Akard Street Spring Valley , CA 91977		3rd Tuesday of the month 10:00 am - 1:00 pm	<i>No holiday closures scheduled</i>	Drive-thru & Walk-ins
	New Life Baptist Church	9255 Lamar Street Spring Valley , CA 91977	East Helix Street; South 125 Hwy	3rd Tuesday of the month 12:30 pm - 3:00 pm	<i>No holiday closures scheduled</i>	Drive-thru
	Heaven's Windows	8848 Troy Street Spring Valley , CA 91977	At Goodland Acres County Park	Tuesday - Friday 9:00 am - 12:00 pm	Closed on: January 14 February 18 May 27 July 1 September 2 October 7 November 11, 24, 25 December 20-30	Walk-ins
	Ministerio Tiempo Nuevo (Lemon Grove)	8179 Broadway Boulevard Lemon Grove , CA 91945		Monday - Friday 8:45 am - 11:45 am	Closed on: January 3, 17 February 21 March 31 May 30 July 4 September 5 October 10 November 11, 24, 25 December 23, 26, 30	Walk-ins

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East County	Samoa Independent Full Gospel	2055 Skyline Drive Lemon Grove, CA 91945		1st Friday of the month 8:30 am - 10:30 am	<i>No holiday closures scheduled</i>	Walk-ins
	Ministerio Tiempo Nuevo (Alpine)	1929 Arnold Way Alpine, CA 91901	Distribution at Bethel Assembly of God	Thursdays 10:00 am - 12:00 pm	Closed on: March 31 November 24	Walk-ins
North County	Christian Credit Counselors	5838 Edison Place # 130 Carlsbad, CA 92008	From Camino Vida Roble, drive into Edison Place, 1st parking lot entrance on your left; this is an office building	Monday - Friday 8:00 am - 4:00 pm	Closed on: April 15, 18 May 30 July 4 September 5 November 24, 25 December 23, 26, 30	Walk-ins
North County	Pilgrim United Church of Christ	2020 Chestnut Avenue Carlsbad, CA 92008	By Carlsbad High School	3rd Tuesday of the month 1:00 pm - 2:00 pm	<i>No holiday closures scheduled</i>	Walk-ins
North County	MAAC Project at Laurel Tree Apartments	1307 Laurel Tree Lane Carlsbad, CA 92011	By Aviara Parkway; site has an elevator	3rd Tuesday of the month 2:00 pm until food is gone	<i>No holiday closures scheduled</i>	Drive-thru with MAXIMUM of 2 households per vehicle
North County	Community Resource Center	650 Second Street Encinitas, CA 92024	Between E and F Street	Monday - Friday 8:30 - 12:30 pm	Closed on: January 17 February 21 May 30 July 4 September 5 November 24 - 26	Walk-ins; Food tickets end at 12:00 pm

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North County	Foundry Community Church, The	120 North Ash Street Escondido , CA 92027	Between East Ohio Street and East Grand Avenue	Tuesdays & Thursdays 11:00 am - 1:00 pm; Wednesdays 4:00 pm - 6:00 pm	Closed on: November 24 December 27 - 29	Walk-ins
North County	Fallbrook Food Pantry	140 N Brandon Road Fallbrook , CA 92028		3rd week of the Month (Monday - Friday) 9:30 am - 12:30 pm	Closed on: January 3 February 21, 23 March 31 May 28, 30 July 4 September 5 November 11, 24, 25 December 23, 26, 30	Walk-ins
North County	Shelter Valley Citizens Corporation	7217 Great Southern Overland Stage Route Julian , CA 92036	By S2 Hwy	3rd Tuesday of the month 8:00 am until food is gone	<i>No holiday closures scheduled</i>	Walk-ins
North County	Brother Benno Foundation	3260 Production Avenue Oceanside , CA 92058	Between Roymar Road and Airport Road	Monday - Friday 6:30 am - 10:45 am & 11:30 am - 1:00 pm	Closed on: January 1 May 30 July 4 September 5	Walk-ins
North County	Jewish Family Service at San Diego Armed Services YMCA Camp Pendleton	Building 200090 Ash Road Wire Mountain Road Oceanside , CA 92058	Mobile pantry at the corner of Ash Road and Wire Mountain Road; military base access required to reach this site	4th Friday of the month 10:00 am - 12:00 pm	Rescheduled to: 4/29/2022 in April 5/20/2022 in May 11/18/2022 in November 12/16/2022 in December	Drive-thru

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Region	Agency Name	Address	Driving Directions	Hours	2022 Holiday closures or rescheduled	Notes
North County	Community Food Connection, The	14047 Twin Peaks Road Poway, CA 92064	Passing Twin Peaks Middle School; just before CIRCLE K; behind Trinity Church	Mondays, Wednesdays, & Fridays 3:00 pm - 6:00 pm	Closed on: January 3 May 30 July 4 September 5 November 25 December 26, 30	Drive-thru
North County	Mesa View Baptist Church	13230 Pomerado Road Poway, CA 92064	Corner with Rimbach Road	Saturdays 9:00 am - 11:00 am	Closed on: January 1 November 26 December 24, 31	Walk-ins
North County	Ramona Food & Clothes Closet Incorporated	773 Main Street Ramona, CA 92065	Between 7th Street & 8th Street; parking lot in the back	Monday - Friday 10:00 am - 4:00 pm	Closed on: May 30 July 4 September 5 November 24, 25 December 26	Walk-ins
North County	In His Steps Christian Home	1619 La Brea Street Ramona, CA 92065	Near Day Street	Wednesday after 3rd Tuesday of the month 8:00 am - 11:00 am	Rescheduled to: 1/24/2022 in January	Walk-ins
North County	Movement Church, the	1609 Capalina Road San Marcos, CA 92069	At the plaza next on the right side of the church building	Monday before the 3rd Tuesday of the month 2:00 pm - 3:30 pm	Rescheduled to: 1/24/2022 in January	Walk-ins
North County	Summit Church	292 East Barham Drive Suite #202 San Marcos, CA 92078	Behind Summit Church building in the parking lot	Tuesdays 10:30 am - 2:00 pm; Thursdays 2:30 pm - 6:00 pm; Every 1st & 2nd Saturday of the month 10:00 am - 12:00 pm	Closed on: January 1	Walk-ins and drive-thru

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North County	Serving & Sharing Foundation Incorporated	31020 Cole Grade Road Valley Center , CA 92082	Behind St Stephen's Catholic Church; enter parking lot right of the building and drive behind building	4th Saturday of the month 10:00 am - 12:00 pm	Rescheduled to: 4/16/2022 in April 5/21/2022 in May 11/19/2022 in November 12/17/2022 in December	Walk-ins
North County	North County Food Bank	1445 Engineer Street Suite #110 Vista , CA 92081	Nearest major intersection is Sycamore Avenue and S Melrose Drive	Monday - Friday 9:00 am - 4:00 pm	Closed on: January 3, 17 February 21 March 31 May 30 July 4 September 5 October 10 November 11, 24, 25 December 23, 26, 30	No appointment needed; if carpooling, must show proof of different addresses
North County	Ministerio Tiempo Nuevo (Vista)	885 East Vista Way Vista , CA 92084	Distribution held at Calvary Church	Wednesdays 6:00 am - 8:00 am	<i>No holiday closures scheduled</i>	Walk-ins
North County	Warner Springs Community Resource Center	30950 Highway 79 Warner Springs , CA 92086	At the Community Resource Center across from Warner Springs School	3rd Tuesday of the month 8:00 am - 10:00 am All other Tuesdays 10:00 am - 12:00 pm ; Other days by appointment call (760) 782-0670 to schedule	<i>No holiday closures scheduled</i>	Walk-ins

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South Bay	Lutheran Social Services of SoCal Project Hand	580 Hilltop Drive Chula Vista , CA 91910	East H Street on the cross street of "I" Street	Mondays, Wednesdays, & Fridays 9:00 am - 2:00 pm	Closed on: January 3, 17 February 21 March 31 April 15 May 30 June 20 July 4 September 5 November 11, 24, 25 December 23, 26, 30	Walk-ins
South Bay	MAAC Project at Chula Vista	1385 Third Avenue Chula Vista , CA 91911		Thursday before 2nd Friday of the month 8:30 am - 10:30 am	Rescheduled to: 11/09/2022 in November	Drive-thru & Walk-ins
South Bay	Oxford Terrace Apartments	555 Oxford Street Chula Vista , CA 91911	Cross street is Broadway; near CostCo	Wednesday before 2nd Friday of the month 9:00 am - 1:00 pm	Rescheduled to: 11/08/22 in November	Line numbers issued at 6:00 am, you can leave the line
South Bay	Lutheran Social Services of SoCal Project Hand	580 Hilltop Drive Chula Vista , CA 91910	East H Street on the cross street of "I" Street	2nd Friday of the month 9:00 am until food is gone	Rescheduled to: 11/10/2022 in November	Special lines for those who are disabled
South Bay	Imperial Beach Neighborhood Center	455 Palm Avenue Imperial Beach , CA 91932	Between Sea Village Drive and 5th Street	Thursday before 2nd Friday of the month 9:00 am - 11:00 am	Rescheduled to: 11/09/2022 in November	Walk-ins
South Bay	National City Collaborative at 18th Street (Family Resource Center)	304 West 18th Street National City , CA 91950	Cross street is Hoover Avenue; between Mile of Cars and Fwy 5; near Kimball Elementary School	Tuesdays, Wednesdays, & Thursdays 8:00 am - 12:00 pm	Closed on: January 3 - 7 March 23, 24 November 21,22,23	Walk-ins
South Bay	Community Food Bank of National City	2605 Highland Avenue National City , CA 91950	At Highland Avenue Baptist Church; between 24th Street and 30th Street	2nd Friday of the month 9:00 am - 11:00 am	<i>No holiday closures scheduled</i>	Drive-thru

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South Bay	First Christian Church of National City	1800 East 17th Street National City , CA 91950	Between Palm Avenue and Hwy 805	Fridays 9:00 am - 10:30 am	Closed on: November 25 December 23, 30	Walk-ins
South Bay	CMC Good Neighbor Center (Nestor Site)	1120 Nestor Way Nestor , CA 92154	At Nestor Methodist Church; enter by Flower Street; across from Swapmeet	Tuesdays 9:00 am - 12:00 pm	<i>No holiday closures scheduled</i>	Walk-ins
South Bay	Nestor Methodist Church	1120 Nestor Way Nestor , CA 92154	Entrance by Coronado Avenue; across from Swap Meet	2nd Friday of the month 8:00 am until food is gone	Rescheduled on: 11/10/2022 In November	Line numbers issued at 5:30 am; you can leave the line
South Bay	Iglesia Cristiana Getsemani	3055 Beyer Boulevard Ste #C101 San Diego , CA 92154		Thursdays 10:00 am - 12:00 pm and by appointment on Wednesdays call (619) 787-0735 to schedule	Closed on: October 13 November 24 December 22, 29	Drive-thru & Walk-ins
South Bay	Hearts & Hands Working Together	4211 Camino De La Plaza San Diego , CA 92173	At Los Americas Premium Outlets	3rd Friday of the month 8:00 am - 11:00 am	<i>No holiday closures scheduled</i>	Line numbers issued at 7:00 am
South Bay	Hearts & Hands Working Together	663 E San Ysidro Boulevard San Ysidro , CA 92173	At San Ysidro Community Service Center; distribution behind building; wire fence door at far left of parking lot will open exactly at distribution time	Monday - Friday 3:00 pm - 5:30 pm	Closed on: January 3, 4, 17, 21 February 1, 18, 21 March 1, 18, 31 April 5, 15 May 3, 20, 30 June 7, 17 July 5, 15 August 2, 19 September 5, 6, 16 October 4, 10, 21 November 1, 11, 18, 24, 25 December 6, 16, 23, 26, 30	Walk-ins