The report also provides an overview of the Food Bank's 2017 donors and supporters. [Image 19x553 to 132x671]

A Gift from Your IRA Is a Win-Win!

For those age 55 and older with an Individual Retirement Account (IRA), making a qualified charitable distribution (QCD) to the Food Bank can provide you with tax benefits.

When funds are transferred directly from your IRA to the Food Bank, your donation is excluded from your taxable income. When funds are transferred directly from your IRA to a Charity, making a Qualified Charitable Distribution (QCD) to the Food Bank can provide you with tax benefits.

For more information, contact Liz Sheahan, VP of Development, at 858-863-5129 or legacy@sandiegofoodbank.org

The Food Bank's 2017 Annual Report is Available Online!

The Food Bank's 2017 annual report is available on our website! This year's annual report celebrates the Food Bank's 40th anniversary and highlights our four decades of service. The report also provides an overview of the financials and distribution data, our programs and initiatives, and our recognition of our donors and supporters. Find out how your support is helping the Food Bank feed individuals and families in need. Read the report online at SandiegoFoodBank.org/AnnualReport

Our gratitude goes to the following corporations, foundations and organizations for their generous support received between December 2017 and March 2018.

Special Thanks

For more information, contact Liz Sheahan, VP of Development, at 858-863-5129 or legacy@sandiegofoodbank.org

For more information, contact Liz Sheahan, VP of Development, at 858-863-5129 or legacy@sandiegofoodbank.org

We survive on one paycheck and help from the Food Bank.

On a sunny spring morning, Michelle had minimal food for her assistance with her two children, Ali and Lily, aged 3, as a Food Bank distribution in Tustin.

"It's tough living in San Diego. Everything is more expensive here. rent, utilities, gas and food. My husband is in the military. We moved to San Diego from Washington State which was our first duty station, and it had a much more lower cost of living," explains Michelle.

"As soon as we got here because we were struggling to afford food to feed our kids."

"We moved to San Diego from Washington State which was our first duty station, and it had a much more lower cost of living," explains Michelle.

"Our family is so important to my family to get by here in San Diego."

JACOB'S & CUSHMAN SAN DIEGO FOOD BANK NEWSLETTER

www.sandiegofoodbank.org

FOOD FOR THOUGHT

IN THIS ISSUE

Page 4

Place a Bag of Food to Donate. Next to Your Mailbox on Saturday, May 12

Page 5

Billy J. Gibbons to Headline AlimLoan.com San Diego Blues Festival. Saturday, Sept. 8, 2018

We survive on one paycheck and help from the Food Bank.

"My husband is in the Navy. We only have one paycheck for the whole family. He doesn't make more than $38,000 a year. We survive by using these programs such as the San Diego Food Bank and WIC. We can only have one job. I enjoy my work to help to take care of feeding the cars so I go from the Food Bank."

Billy J. Gibbons to Headline AlimLoan.com San Diego Blues Festival. Saturday, Sept. 8, 2018

"I just want to express my deep gratitude to the Food Bank's donors. This is so important for my family to get by here in San Diego."

For more information, contact Liz Sheahan, VP of Development, at 858-863-5129 or legacy@sandiegofoodbank.org
Innovating to Meet the Community’s Evolving Needs

When I talk to community groups about the work of the Food Bank, I often tell them about our evolution and innovation because we are focused on adapting to quickly meet the community’s evolving needs.

As our most recent newsletter, our College Hunger and Senior Hunger Programs are excellent examples of this. We identified several local nutse and other programs are helping remove barriers to education and employment for our client population in the southern San Diego region. Our College Hunger annual report (See page 3) highlights our accomplishments over the past fiscal year. In 2016-2017, over 3,000 college students were served through these programs.

On behalf of the Food Bank’s staff and family of volunteers, we thank you for your daily struggle with hunger.

Two examples of our programs reaching students include our College Hunger Program which helped 1,500 students last year and the Senior Hunger Program which helped 500 seniors last year. Our combined efforts are feeding nearly 12,000 seniors in San Diego County.

We have a number of programs and events happening over the next several months that we hope you can support:

- • September 8, 2018 our 8th annual Blues Festival featuring Billy Gibbons. Visit SanDiegoFoodBank.org/Blues
- • Our Dollar-A-Dish campaign returns this month. More than 70 participating restaurants nominate an entrée, appetizer or drink for the campaign, and every dollar donated will go directly to the Food Bank. Visit SanDiegoFoodBank.org/Dollar
- • Our 2018 Fall Food Drive returns Saturday, November 3. Visit SanDiegoFoodBank.org/Fall

The Food Bank’s Virtual Food Drive is an easy way for our supporters to donate food to families in need.

Your donations will help us prevent a child from going to bed hungry. Thank you! 

Support the School’s Out Summer Food Drive

Please Place a Bag of Food Next to Your Mailbox to Donate on Saturday, May 12, 2018

Postal workers will collect food donations from homes across the country for the annual Stamp Out Hunger Food Drive on Saturday, May 12, 2018.

The Food Bank is asking our supporters to place a bag of nonperishable food items next to residential mailboxes for postal workers to pick up and deliver to the Food Bank.

The Food Bank is requesting our most-needed food items that include: canned meats, canned fish, canned vegetables, canned soups and stews, pasta, rice and cereals.

Please place a bag of food next to your mailbox on Saturday, May 12, 2018. Thank you for your support!

Thank you to our summer food drive sponsors.

Thank you to our supermarket sponsors.
Host a “Virtual Food Drive” this Summer

Host a Virtual Food Drive this summer, and help the Food Bank feed children living in poverty.

The Food Bank’s Virtual Food Drive is an easy way for our supporters to donate food to families in need.

Simply visit the Food Bank’s website and select and purchase food items with your credit card securely online using our smartphone, tablet or computer.

The Food Bank is encouraging businesses, civic groups, schools, and faith-based groups to host Virtual Food Drives during our School’s Out - Summer Food Drive.

The Food Bank can customize a Virtual Food Drive with your organization’s logo, set-up internal competition between departments, classes, and groups while giving food drive leaders the ability to measure your organization’s progress.

Check out our Virtual Food Drive online. Visit: sandiegofoodbank.org/virtual

continued from page 1

When Heidi first arrived in San Diego she looked for work but had no luck. Her husband got a job after a while but, for the first six months, she was on food stamps. She qualified and found work with a company that pays her $14 an hour. Her next goal was to buy a car, which she did.

However, during the recession, Heidi lost her job and her husband got laid off. "For six months we were looking for work, but we couldn't find it," she said.

Heidi and her husband found work together but it was still difficult to make ends meet. "We had to pay for child care and our rent, medicine, and utilities. Thanks to the Senior Food Program and other Food Bank programs, we are able to enjoy our golden years rather than facing a financial crisis," she said.

The Food Bank’s Emergency Food Assistance Program (EFAP) currently serves more than 90,000 people in San Diego County every month. If you would like to support our Emergency Assistance Initiative, please contact Les Warden, Vice President of Development, at 619-866-1329 or lwarden@sandiegofoodbank.org.

Hosted by the Food Bank’s board, a virtual food drive is a fun way for your organization to support our mission to end hunger.

Read more about our Virtual Food Drive.

Thank you to our food drive media sponsors.

Thank you to our summer food drive sponsors.

Thank you to our supermarket sponsors.

Thank you to our food drive media sponsors.

Thank you to our supermarket sponsors.
Innovating to Meet the Community’s Evolving Needs

When I talk to community groups about the work of the Food Bank, I’m always amazed at the level of enthusiasm and innovation because we are all able to adapt quickly to meet the community’s evolving needs.

As outlined in our last newsletter, our College Hunger and Wiggle Bank Programs are excellent examples of this. We identified several issues in the community, and these programs are helping remove barriers to education and employment for our client population.

The nutritionally balanced annual report (see page 1) highlights our accomplishments over the past fiscal year, and I am proud of all of the work that we are doing in the community every year. This year, we introduced a monthly Food Distribution to low-income military families near the 32nd Street Naval Base, and through our combined military outreach programs we are feeding nearly 60,000 low-income, active-duty military personnel, veterans, and their dependents every month. This is up from 35,000 being served nearly three years ago.

This year we added six elementary schools to the Food 4 Kids Backpack Program. So now we are providing weekend backpacks filled with food to nearly 1,000 elementary school children at 45 schools in 12 school districts in San Diego County.

And we have increased the number of seniors on our Senior Food Program to nearly 12,000. Most seniors on the program have as little as $20 left over for food after paying rent, medicine, and utilities. Thanks to the Senior Food Program and other Food Bank programs, seniors are able to enjoy their golden years rather than facing a food emergency. And we have increased the number of seniors on our Senior Food Program to nearly 12,000. Most seniors on the program have as little as $20 left over for food after paying rent, medicine, and utilities. Thanks to the Senior Food Program and other Food Bank programs, seniors are able to enjoy their golden years rather than facing a food emergency. We have a number of campaigns and events happening over the next several months that we hope you can support.

• Our Battle of the Bars campaign returns this month. More than 70 participating restaurants nominate an entrée, appetizer or drink for the campaign, and every time that menu item is sold, $1 is donated to the Food 4 Kids Backpack Program. Sandiegofoodbank.org/Battle

• Our Summer Food Drive takes place June 1-12. Visit Albertsons and Vons supermarkets and donate a $5 pre-filled bag of food. All donations help low-income children in poverty. Sandiegofoodbank.org/Summer

• Visit the links in July for our Drive Through Grille Classic benefiting our North County Food Bank chapters. NorthCountyFoodBank.org/Grille

• Stop by any of our twice-yearly Super Saturday events with Billy Gibbons or other music stars. Visit Sandiegofoodbank.org for details and tickets.

• In support of the Food Bank’s need for food and volunteers, we thank you for your continued support. You are at the heart of our mission, making what we do possible.

Thank you!

James A. Floros
President (916) 224-4445

Host a “Virtual Food Drive” this Summer

Host a Virtual Food Drive this summer, and help the Food Bank feed children living in poverty.

The Food Bank’s Virtual Food Drive is an easy way for our supporters to donate food to families in need.

Simply visit the Food Bank’s website and select a food drive with your credit card securely online using shopping, tablet or computer.

The Food Bank is encouraging businesses, civic groups, schools, and faith-based groups to host Virtual Food Drives during our School’s Out Hunger – Summer Food Drive.

The Food Bank can customize a Virtual Food Drive with your organization’s logo, set up internal competitions between departments, classes, and groups while giving food bank leaders the ability to see how their organization’s progress.

Check out our Virtual Food Drive online. Visit: sandiegofoodbank.org/virtual

continued from page 1

Host a Virtual Food Drive this summer, and help the Food Bank feed children living in poverty.

When Heidi first arrived in San Diego she looked for work but her job search was nearly the death of her second child. “I used to work three jobs on first nights here, and then we had our second child, and it was too much. I had no support system, and I think that formed me to make up for it and have any money left over. It would be nearly half of the food for the child for the two years after giving child care costs are cut, I would barely break even.”

“I am an associate professor before I moved to San Diego – what a change in position. I was paid for the classes I taught. And I am unrecognizable any longer, but lower positions would still need to seek an office advisor’s job or a volunteer, and that would be enough to pay for child care. So, I trade the time we spend to stay at home and raise my children on every day budget and pick up where they went when they school,” she explains.

Heidi walked us through San Diego’s most vulnerable areas, a mix of low-income housing, food deserts, food banks, homeless centers, vacant properties, vacant cars, bag of onions, bag of potatoes, bag of carrots, cabbages, and fresh foods.

As Heidi walked through our car, she asked me a share a message with the Food Bank members, “I just want to express my sincere gratitude to the Food Bank’s donors. This is so important for my family to get by here in San Diego. And you are helping us when we are in a better financial position and our kids get to school we will push back to the Food Bank and help them out.”

The Food Bank’s Emergency Food Assistance Program (EFAP) currently serves more than 90,000 people in San Diego County every month. If you would like to support our Emergency Assistance Initiative, please contact Liz Vasquez, Vice President of Development, at 619-865-3120 or lvasquez@sandiegofoodbank.org.

Thank you to our summer food drive sponsors.

During the summer, we encourage living in poverty to reduce food costs and enjoy a generous and healthy meal. “I am thankful to the City of Chula Vista and the MidCounty Food Bank, I explain that we are a nimble and innovative organization. Because we are local and able to adapt quickly to meet the community’s evolving needs.

We have a number of campaigns and events happening over the next several months that we hope you can support.

• Our Battle of the Bars campaign returns this month. More than 70 participating restaurants nominate an entrée, appetizer or drink for the campaign, and every time that menu item is sold, $1 is donated to the Food 4 Kids Backpack Program. Sandiegofoodbank.org/Battle

• Our Summer Food Drive takes place June 1-12. Visit Albertsons and Vons supermarkets and donate a $5 pre-filled bag of food. All donations help low-income children in poverty. Sandiegofoodbank.org/Summer

• Visit the links in July for our Drive Through Grille Classic benefiting our North County Food Bank chapters. NorthCountyFoodBank.org/Grille

• Stop by any of our twice-yearly Super Saturday events with Billy Gibbons or other music stars. Visit Sandiegofoodbank.org for details and tickets.

• In support of the Food Bank’s need for food and volunteers, we thank you for your continued support. You are at the heart of our mission, making what we do possible.

Thank you!

James A. Floros
President (916) 224-4445

Please Place a Bag of Food Next to Your Mailbox to Donate on Saturday, May 12, 2018

Postal workers will collect food donations from homes across the county for the annual Stamp that Hunger Food Drive on Saturday, May 12.

The Food Bank is asking our supporters to place a bag of uncompromising food items next to residential mailboxes for postal workers to pick up and deliver to the Food Bank.

The Food Bank is encouraging our most revered food items that include: canned meats, canned fish, canned vegetables, and canned soups and stews, pastas, pies, and fruits.

The Stamp that Hunger Food Drive is the nation’s largest, single-day food drive operated by the National Association of Letter Carriers (NALC) and the U.S. Postal Service.

All food collected for the food drive will be distributed to individuals and families in need in our community.

For more information visit: sandiegofoodbank.org/StampOutHunger

Support the School’s Out, Hunger’s Not Summer Food Drive

Help the Food Bank feed children living in poverty this summer by supporting our Summer Food Drive campaign.

During the summer, we encourage living in poverty to reduce food costs and enjoy a generous and healthy meal. “I am thankful to the City of Chula Vista and the MidCounty Food Bank, I explain that we are a nimble and innovative organization. Because we are local and able to adapt quickly to meet the community’s evolving needs.

We have a number of campaigns and events happening over the next several months that we hope you can support.

• Our Battle of the Bars campaign returns this month. More than 70 participating restaurants nominate an entrée, appetizer or drink for the campaign, and every time that menu item is sold, $1 is donated to the Food 4 Kids Backpack Program. Sandiegofoodbank.org/Battle

• Our Summer Food Drive takes place June 1-12. Visit Albertsons and Vons supermarkets and donate a $5 pre-filled bag of food. All donations help low-income children in poverty. Sandiegofoodbank.org/Summer

• Visit the links in July for our Drive Through Grille Classic benefiting our North County Food Bank chapters. NorthCountyFoodBank.org/Grille

• Stop by any of our twice-yearly Super Saturday events with Billy Gibbons. Visit Sandiegofoodbank.org for details and tickets.

• In support of the Food Bank’s need for food and volunteers, we thank you for your continued support. You are at the heart of our mission, making what we do possible.

Thank you!

James A. Floros
President (916) 224-4445

Your donations will help prevent a child from going to bed hungry. Thank you for helping us feed children in need this summer!

For more information visit, SandiegoFoodBank.org/Summer

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.

Thank you to our summer food drive sponsors.
The report also provides an opportunity for errands, “continues Heidi. “We moved to San Diego from Washington state where we paid for a child care program and now we have to find a free food bank for our kids. We survive by using these programs such as the San Diego Food Bank and WIC. We can only earn $14.00 per hour to take care of our family and get us through the food that we get from the Food Bank.”

For more information, contact Liz Sheahan, VP of Philanthropy, or 858-863-5129. To read the report online, visit Sandiegofoodbank.org/AnnualReport.

**Sponsorship Opportunities**

The report also provides an opportunity for errands, “continues Heidi. “We moved to San Diego from Washington state where we paid for a child care program and now we have to find a free food bank for our kids. We survive by using these programs such as the San Diego Food Bank and WIC. We can only earn $14.00 per hour to take care of our family and get us through the food that we get from the Food Bank.”

For more information, contact Liz Sheahan, VP of Philanthropy, or 858-863-5129. To read the report online, visit Sandiegofoodbank.org/AnnualReport.

**Sponsorship Opportunities**

The report also provides an opportunity for errands, “continues Heidi. “We moved to San Diego from Washington state where we paid for a child care program and now we have to find a free food bank for our kids. We survive by using these programs such as the San Diego Food Bank and WIC. We can only earn $14.00 per hour to take care of our family and get us through the food that we get from the Food Bank.”

For more information, contact Liz Sheahan, VP of Philanthropy, or 858-863-5129. To read the report online, visit Sandiegofoodbank.org/AnnualReport.
Welcome to our Spring newsletter, which is packed full of news about our 2017 Annual Report.

We are excited to share this important document with you, as it highlights the impact we have made in the community and our promise to continue serving Diegans for generations to come.

Please take a moment to read through the report, and consider making a difference in the lives of those we serve.

Thank you for your support, and we look forward to continuing our work together.

Sincerely,

Your Team at the San Diego Food Bank

The Food Bank’s 2017 Annual Report is Available Online!

The Food Bank’s 2017 annual report is available on our website!

This year’s annual report celebrates the Food Bank’s 40th anniversary and highlights our four decades of service.

The report also provides the year’s financial and distribution data, our programs and initiatives, and we recognize our donors and supporters.

Find out how your support is helping the Food Bank, as we serve individuals and families in need.

Read the report online at Sandiegofoodbank.org/AnnualReport

Special Thanks

Our gratitude goes to the following corporations, foundations and organizations for their generous support received between December 2017 and March 2018.

Foundations & Organizations

Bank of America Charitable Gift Fund
Cadillac Car Dealership, Inc.
KAD Design Group
Los Angeles Times
New Horizons Learning Group
North County Blind Company, Inc.
Qualcomm, Inc.
San Diego Cordial
Tri-Valley Capital Partners
Urban Street Smart Services, Inc.
UpwardSportz Club
Wellmark Bank

Bronze ($2,000 to $4,999)

Brennos Market
Calor Energy Services
EGC Management Consultants
Great American Insurance
Mitsubishi Concept
Rocky’s Creme Shop
San Diego United Port District
Workforce Manufacturing Corporation

Silver ($5,000 to $9,999)

Horton Companies
AmericaAgCredit
Assurance Environmental, Inc.
Best Buy Team
Charitable Angel Gifts & Services, Inc.
Costa Mesa Professional Match
Four Peaks: Black Bear BC
In Motion, Inc.

Gold ($10,000 to $19,999)

Johnson & Johnson Matching Gifts
Kiefer Orthodontics
Mary A. Irene’s
Nabors Juice Bar
North Coast Credit Union

Platinum ($25,000 to $49,999)

San Diego Food Bank
San Diego United Port District
Workforce Manufacturing Corporation

Diamond ($50,000 to $250,000)

Billy F. Gibbons
Weiss Family Bank

Diamond ($250,000 to $1,000,000)

Rover Media
The Rock of Garden Grove

Platinum ($250,000 to $499,999)

Four Peaks, Inc.

Gold ($10,000 to $19,999)

Back Bay Homebrewer

Silver ($5,000 to $9,999)

San Diego Food Bank

Bronze ($2,000 to $4,999)

The Thursday Club

Bronze ($2,500 to $4,999)

The Walter J & Betty C Zable Foundation

Silver ($5,000 to $9,999)

The San Diego Foundation

Bronze ($2,500 to $4,999)

Masco Corporation

Gold ($10,000 to $19,999)

Stater Bros. Charities

Bronze ($2,000 to $4,999)

Ascent Environmental, Inc.

Silver ($5,000 to $9,999)

Family Foundation

Gold ($10,000 to $19,999)

Ellen Browning Scripps Elementary School

Bronze ($2,500 to $4,999)

The San Diego Foundation

Silver ($5,000 to $9,999)

The Walter J & Betty C Zable Foundation

Gold ($10,000 to $19,999)

San Diego United Port District

Silver ($5,000 to $9,999)

The San Diego Foundation

Bronze ($2,000 to $4,999)

Pacific Marine Credit Union

Silver ($5,000 to $9,999)

ECG Management Consultants

Silver ($5,000 to $9,999)

In Motion, Inc.

Gold ($10,000 to $19,999)

San Marcos Community Foundation

Bronze ($2,500 to $4,999)

San Diego A

Silver ($5,000 to $9,999)

Trenton Charitable Foundation

Golden ($10,000 to $19,999)

San Diego Food Bank

Silver ($5,000 to $9,999)

San Marcos Community Foundation

Bronze ($2,500 to $4,999)

The Thursday Club

Silver ($5,000 to $9,999)

The San Diego Foundation

Bronze ($2,000 to $4,999)

The Walter J & Betty C Zable Foundation

Gold ($10,000 to $19,999)

San Diego Food Bank

Gold ($10,000 to $19,999)

The Thursday Club

Gold ($10,000 to $19,999)

San Diego Food Bank

Gold ($10,000 to $19,999)

The San Diego Foundation

Bronze ($2,000 to $4,999)

The Walter J & Betty C Zable Foundation

Gold ($10,000 to $19,999)

San Diego Food Bank

Gold ($10,000 to $19,999)

The Thursday Club

Gold ($10,000 to $19,999)

San Diego Food Bank

Gold ($10,000 to $19,999)

The San Diego Foundation

Bronze ($2,000 to $4,999)

The Walter J & Betty C Zable Foundation

Gold ($10,000 to $19,999)

San Diego Food Bank

Gold ($10,000 to $19,999)

The Thursday Club

Gold ($10,000 to $19,999)

San Diego Food Bank

Gold ($10,000 to $19,999)

The Thursday Club

Gold ($10,000 to $19,999)

San Diego Food Bank

Gold ($10,000 to $19,999)

The Thursday Club

Gold ($10,000 to $19,999)

San Diego Food Bank

Gold ($10,000 to $19,999)

The Thursday Club