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As a member of the Meals Monthly Club, you will provide food to our neighbors in need every month of the year through automatic donations.

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A monthly gift of $100 will provide seniors, children living in poverty, low-income military families, and the homeless a healthy meal every day, every month, for the entire year.

To sign up, visit: SanDiegoFoodBank.org/Donate/Monthly or contact Liz Sheahan at LSheahan@SanDiegoFoodBank.org or 619-645-5130.

IN THIS ISSUE

FALL 2018
– Savannah

“Thank you for the Food Bank’s donations, they do much good help to my family and the other families here today. This makes a real difference in our lives.”

JACOBS & CUSMAN SAN DIEGO FOOD BANK NEWSLETTER

www.sandiegofoodbank.org

Page 3
Host a Virtual Food Drive This Holiday Season

Page 4
Please Support the Holiday Food Drive

Page 5

IN THIS ISSUE

Host a Virtual Food Drive

IN THIS ISSUE

Please Support the Holiday Food Drive

IN THIS ISSUE

MLC Specials

IN THIS ISSUE

Food Drive Challenge

IN THIS ISSUE

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Local High Schools Encouraged to Participate in the MLK Food Drive Challenge
More than 50 San Diego County High Schools are invited to join the 11th Annual Martin Luther King, Jr. Food Drive Challenge.

Schools can host a food drive for any two-week period between October 1, 2018 and January 31, 2019. Prizes will be awarded to the winning schools! All donations by the food drive’s sponsors at the Laurels for Leaders luncheon in February.

Schools are invited to register online at SanDiegoFoodBank.org/MLK or contact Kimberly Castillo at KCastillo@SanDiegoFoodBank.org

Special thanks to this year’s sponsors, USBank, Kearns, Donovan, and the San Diego County Office of Education.

Businesses

Diamond ($20,000 to $25,000)

RCSI Electric, Blue Energy
Bank of America

Rectron Systems

Sogo Energy

Wisconsin Electric Power Co.

Gold ($10,000 to $19,999)

Bridgescapes, Inc.

Children’s Primary Care Medical Group, Inc.

Dundie Tots

Laundromat, LLP

Macy’s/Williamsburg’s U.K.

Silver ($5,000 to $9,999)

Captured Places Consulting Holiday Management Company, Inc.

Jostad Oil

Mitsubishi

P&K Services

San Diego County Toyota

Toyamas of Poway

Bronze ($2,000 to $4,999)

Red Robin/P каждое Me Air

Ciba Restaurant Group

Goldman Sachs

Gold, Inc.

HBR International

Law Offices of John M. Calman

Midland Marine Military Group

MidCity College

Soothing Gazancas

Pacific West Bank

SMC Management, Inc.

Soma Nicola Breve Co.

Susan A. Kaine

Metal Edge Bank

Copper ($1,000 to $1,999)

Alphagraphics of La Jolla

BRY Mellon Corporation

California Beach Bank

Clarity Institute

Cosmopolitan Management

Dickens Community Construction

Diamond Street Insurance Services, Inc.

Gifts ($1,000 to $1,999)

Geometric Alliance

San Diego Food Bank’s donors realize that

“I hope that the Food Bank’s donors realize how much each one of you helps my family and the other families here today. This makes a real difference in our lives.”

Savannah.

Before moving to San Diego, Savannah and her family were stationed at the Marine Corps Air Station Cherry Point in North Carolina. Since moving to San Diego, Savannah found help from the Food Bank because her family is struggling to make ends meet due to the region’s high cost of living. To qualify for food assistance from this program, a family of five can have a household income of no more than $44,130.

“Everything is so much more expensive in San Diego. In North Carolina I could shop smart and get the groceries we needed at Total Food Warehouse. But here, I really have to choose. A double-plate pizza here is twice as big as the one we used to order in North Carolina. And a cup of gas here is almost double too, says Savannah.

Currently, the family of five expresses on one paycheck, but Savannah is looking for a job to help make ends meet. To North Carolina it was a stay-at-home mom, but here we need extra money.

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IN THIS ISSUE

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Host a Virtual Food Drive this holiday season! Here’s how it works:

- The Food Bank’s Virtual Food Drive enables you to select and purchase food items securely online directly to the Food Bank.
- Unlike other food drives, you can conduct a Virtual Food Drive for your friends, family group, or faith-based organization.
- Set up a team before December 15 and quickly track your progress online or via your smartphone.
- Help feed those in need this holiday season! Visit: SanDiegoFoodBank.org/VirtualFoodDrive or call Grace Harrison at 858-863-5129.

Learn to cook a new recipe and make a difference in your community.

Savannah receives food assistance from one of the Food Bank’s food distributions in Escondido.

Savannah gets produce items that she wouldn’t normally cook with, like beans and cabbage. So I stepped out of my comfort zone and cooked new recipes. I made two bean salads, and I later baked the cabbage. The kids loved it! Fast and easy! And time certainly goes by quickly here at the Food Bank. If you’re like me, it’s hard to believe that the year has gone by so fast! And time certainly goes by quickly here at the Food Bank! Every month we provide food to more than 100,000 people and 400 nonprofit partners in communities throughout San Diego County. In addition, we drive from place to place to track your progress. Check out page 3 for more details.

Thank you for your generosity! It takes a community to support the San Diego Food Bank. If you can donate by Dec. 31 which are both tax deductible.

On page 4 of this newsletter we outline ways you can support the Food Bank this holiday season. And from the most effective ways you can donate to the Food Bank to how to volunteer, to why you need your help because every year our need for food spikes in demand from local families needing food assistance and help providing a holiday meal to their loved ones.

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Help feed those in need this holiday season! Visit: SanDiegoFoodBank.org/Virtual or call Grace Harrison at 858-863-5130.
We Need Your Support This Holiday Season

The holidays are upon us! If you’ve noticed, it’s hard to believe that the year has flown by so fast! And time certainly passes by quickly here at the Food Bank. Every month we provide food assistance to 42,000 people and 400 nonprofit partners in communities throughout San Diego County. In addition, we’re also looking for ways to streamline our operations and programs so that we’re as efficient and effective as possible.

This holiday season will be especially difficult for struggling San Diegoans, in particular, for working-poor families, fixed-income seniors, and low-income military families. That is why you need your help because every cent we can raise will enable us to provide food assistance to those in need.

Page 4 of this newsletter online. ways you can support the Food Bank this holiday season. And three of the most effective ways you can donate to the Food Bank are easily online, by hosting a Virtual Food Drive or making a monetary donation by Dec. 31 which are both tax-deductible.

Thank you for your support! We appreciate your generosity.

President & CEO
James A. Floros

Your Support This Holiday Season

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Christmas tree our symbol of the holiday season. It is a reminder of the giving spirit of the season.

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Virtual Food Drive This Holiday Season

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President & CEO
James A. Floros

Host a Virtual Food Drive This Holiday Season

The Food Bank's Virtual Food Drive enables you to select and purchase food items securely online to donate, and pay for your donation securely online with your credit card. It’s that easy!

The Food Bank’s Virtual Food Drive is also a great way for businesses, schools, civic groups, and faith-based organizations to support the Food Bank! We can create a customized Virtual Food Drive with your logo, and provide you with tools to continually track your progress. Check out page 3 for more details.

Donate by Dec. 31 and get a deduction on your 2018 taxes!

If you’re thinking of making a monetary donation to the Food Bank this holiday season, please remember to donate before December 31. Not only will this help us feed a local individual or family in need over the holidays, you’ll also be able to deduct your donation from your 2018 taxes. And remember, every $1 that you donate provides 5 meals to those in need.

When you or others enjoy a delicious holiday meal this season, please remember to donate before December 31. Not only will this help us feed a local individual or family in need over the holidays, you’ll also be able to deduct your donation from your 2018 taxes. And remember, every $1 that you donate provides 5 meals to those in need.

Help feed those in need this holiday season! Host a Virtual Food Drive for your organization. Visit: SanDiegoFoodBank.org/Virtual or call Grace Harrison at 858-863-5130.

Support the “Stuff the Bus” Food Drive

On Saturday, Dec. 1, local Girl Scout collections will collect food donations from Albertsons and Vons customers from 10 a.m. to 1 p.m.

Please visit your local Albertsons or Vons and donate food to the “Stuff the Bus” Food Drive.

For information visit the Food Bank’s website: SanDiegoFoodBank.org/Thanksgiving
Happy Holidays!

Continue from page 1

to get by, and I am currently looking for work. I can get a job, but it would mean a world of difference for my family,” she explains.

I was looking for a normal job 9 to 5 full-time job, but I discovered that the cost of child care would be more than I could afford. So I'm now looking for a part-time job, and as a result, I can barely make ends meet. My husband and I watch the market and stock prices, and we work together to build a budget for our family. We try to keep our spending to a minimum, and we plan to contribute a portion of our income to the Food Bank to support our community.

I have a degree in biology, so I'm looking for a lab technician job. If I can't find a job in that field, I'd be happy to apply for a restaurant job. Any job will be a great help to us financially,” she continues.

As Savannah goes through the food line, volunteers give her canned fruit, canned vegetables, and a bag of dried beans. She drops the food into her basket and moves on to the next station.

When asked if she would like to give a message to the Food Bank's donors who make these programs possible, Savannah says, “I hope that the Food Bank's donors realize how much this really helps my family and the other families here today. This makes a huge difference in our lives. This Food Bank has been there for me for a long time. It's familiar and homey, and it makes me feel safe. I'm so grateful for the Food Bank’s support because it's helped me through this tough time.”

You will not help like the Food Bank’s feeding programs for low-income families, contact Liz Sheahan at 619-665-5250 or 619/LiSheahan@SanDiegoFoodBank.org.

Thank you for helping us feed the hungry this holiday season!

Host a Virtual Food Drive

This Holiday Season

Host your Virtual Food Drive this holiday season! Here's how it works:

1. The Food Bank’s Virtual Food Drive enables you to select and purchase food whose financial value is donated to the Food Bank.

2. Unlike other virtual drives, a Virtual Food Drive for your business, civic group, or faith-based organization.

3. Set up a competition between departments, classes, and groups to see who can raise the most food.

4. Monitor each team’s progress throughout the drive with our online tools.

Help feed those in need this holiday season. Visit our Virtual Food Drive today!

Visit: SanDiegoFoodBank.org/Virtual or call Grace Harrison at 619-863-5130.

Support the “Stuff the Bus” Food Drive

This holiday season, the Downtown San Diego Community Association (DSDCA), Albertsons and Vons, will host the 2018 “Stuff the Bus” Food Drive.

Please visit your local Albertsons or Vons on Saturday, December 1st. 10 a.m. to 1 p.m. to donate food for this year’s Holiday Food Drive.

For information on the Food Bank’s website: SanDiegoFoodBank.org/StuffTheBus
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Joining our Monthly Meals Club is one of the easiest ways to make a commitment to end hunger. Your gift is deducted automatically and securely from your bank account or credit card.
To sign up, visit Sandiegofoodbank.org/Donate or contact Grace Harrison at GHarrison@SanDiegoFoodBank.org or 858-863-5130.

Local High Schools Encouraged to Participate in the MLK Food Drive Challenge
More than 1,500 San Diego high school students in 30 local schools participated in the 11th Annual Martin Luther King, Jr. Food Drive Challenge.
Teens and national and local blues artists performed from noon to 8 p.m., raising awareness for the San Diego Food Bank’s hunger-relief programs!
Sponsored by AimLoan.com with Stage Sponsors, Business Embarcadero Marina Park North.
Grace Harrison at GHarrison@SanDiegoFoodBank.org or 858-863-5130.

Special Thanks
Our gratitude goes to the following corporations, foundations and organizations for their generous support received between June and October 2018:

Foundations & Organizations
Diamond ($10,000 to $24,999)
Associated Students, San Diego State University
Gold ($10,000 to $24,999)
San Diego County Toyota Dealers
Bronze ($2,500 to $4,999)
San Diego County Office of Education
Beverage ($2,400 to $4,999)
Pacific Southwest Brewery
Silver ($1,500 to $2,400)
Columbia Basin Brewing Co.
Bronze ($1,000 to $2,400)
Kastlbaum Brothers Auctioneers
Copper ($500 to $999)
MedStar Development
Alumnae ($100 to $500)
Alumni Association

IN THIS ISSUE
Page 3 Host a Virtual Food Drive This Holiday Season
Page 5 Join the Food Bank’s Monthly Meals Club

“aragraphs
Our employees enjoy the food from the Food Bank”

JACOBS & CUSHMAN SAN DIEGO FOOD BANK NEWSLETTER

FALL 2018

Page 5

Page 6

Page 4

Page 3

Page 2

Page 1

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Page 5

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Page 3 Host a Virtual Food Drive This Holiday Season
Page 5 Join the Food Bank’s Monthly Meals Club

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Special thanks this year to sponsors, US Bank,KIwanis, Coca-Cola, MTS, Special thanks to this year’s sponsors, Toyota of Poway, Mitsubishi Cement, Jake’s Del Mar, Silver ($10,000 to $24,999), Macy’s/Bloomingdale’s, Pacific Western Bank, US Bank, Kiwanis, Coca-Cola, MTS, and the San Diego County Office of Education.

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Thank you for your efforts to help end hunger in San Diego County. Your help is needed now more than ever to help your neighbors and keep the Food Bank running. 

Please join us for our Legacy Circle planning session. Your gift will help fund the programs and services that keep us on the front lines of the hunger and nutrition crisis.
To learn more about our Legacy Circle plans and give the gift of lasting impact, please call 714-285-3614.

For more information visit Sandiegofoodbank.org/Legacy or contact Liz Sheets at lsheets@sandiegofoodbank.org or 619-463-5133.

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Baker Electric Home Energy
Bank of America
Robertson-Combs Solution
Sensa Energy
Waters Insurance
Gold ($20,000 to $49,999)
Bridgepaved Inc.
Children’s Hospital Care Medical Group, Inc.
Discovery Times
Lombard & Lombardo, LLP
Macy’s/Blowfish/Barefoot’s/US Bank
Silver ($10,000 to $19,999)
Captured Plus Software Consulting
Holiday Management Company, Inc.
Junior College
Mitsubishi Credit
P&J Services
San Diego County Toyota
Toyota of Poway
Bronze ($2,500 to $4,999)
Baja Designs
Cliffs of the Cove
Coast Institute
Churchill Community
Dickens Community
Commercial Contractors
Dollard Insurance
Diamond ($50,000 to $200,000)
Baker Electric Home Energy
Bank of America
Robertson-Combs Solution
Sensa Energy
Waters Insurance
Gold ($20,000 to $49,999)
Bridgepaved Inc.
Children’s Hospital Care Medical Group, Inc.
Discovery Times
Lombard & Lombardo, LLP
Macy’s/Blowfish/Barefoot’s/US Bank
Silver ($10,000 to $19,999)
Captured Plus Software Consulting
Holiday Management Company, Inc.
Junior College
Mitsubishi Credit
P&J Services
San Diego County Toyota
Toyota of Poway
Bronze ($2,500 to $4,999)
Baja Designs
Cliffs of the Cove
Coast Institute
Churchill Community
Dickens Community
Commercial Contractors
Dollard Insurance

Sponsorship and in-kind contributions in 2018 from national and local businesses and individuals to the Food Bank’s Festival have raised more than $910,046 and 1,397,980 pounds of food for the San Diego Food Bank’s Kitchen to Feed the Hungry.

Diego Food Bank’s hunger-relief programs! Sponsored by AimLoan.com with Stage Sponsors, Business Embarcadero Marina Park North.

Grace Harrison at GHarrison@SanDiegoFoodBank.org or 858-863-5130.

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For more information visit Sandiegofoodbank.org/Legacy or contact Liz Sheets at lsheets@sandiegofoodbank.org or 619-463-5133.

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