



Diaper Bank Program – Diaper Distribution Sites

The San Diego Food Bank and our North County Food Bank chapter partners with dozens of nonprofit organizations to distribute diapers to families in need throughout San Diego County. Each location has different operating hours, and may have different eligibility criteria to receive diapers.

| REGION | DIAPER DISTRIBUTION SITE | PROCESS AND QUALIFICATIONS | PHONE NUMBER |
|---|--|--|--------------|
| CENTRAL SAN DIEGO | Give San Diego 7710 Balboa Avenue, Suite 208 C San Diego, CA 92111 | For latest information on diaper distributions please follow our Facebook & Instagram page: @givesandiego | 858-247-3033 |
| | Project Access Inc. 690 Beardsley Street, Suite #100 San Diego, CA 92113 | Available for residents for Project Access Sites. Call to start the assessment process by phone. Sizes and quantities are limited to availability. | 858-381-0042 |
| | 38th Street Church of Christ Church Annex 3805 Hemlock Street San Diego, CA 92113 | Diapers available by appointment only. Please wear a mask or face covering when picking up for safety reasons. | 619-347-1495 |
| | Step Forward 2772 Fourth Ave., 2nd floor San Diego, CA 92103 | MUST be a CalWORKs recipient and part of the Step Forward program to access diaper services. Call to confirm size and quantity availability. | 619-295-6067 |
| | St. Vincent De Paul at St. Gabriel's Church 13734 Twin Peaks Road Poway, CA 92064 | **Temporarily on hold due to COVID-19** 2 nd Sunday of every month from 3:00 pm – 4:00 pm, except the months of Easter, Thanksgiving, and Christmas. | 858-748-5348 |
| | Armed Services YMCA San Diego 3293 Santo Road San Diego, CA 92124 | Twice monthly on Mondays, please call 858-751-5755 for details. | 858-751-5755 |
| | Birthline Clairemont 3660 Clairemont Drive, Suite 4 San Diego, CA 92117 | Monday and Wednesday from 10:00 am – 2:00 pm (subject to change). Please check online at www.birthlineofsd.org for the most up-to-date info. | 858-270-2491 |
| | San Diego Food Bank 9850 Distribution Avenue San Diego, CA 92121 | Call to schedule an appointment for diapers and food. This is a one-time only food/diaper assistance site. | 858-527-1419 |
| | Salvation Army KROC Center 6845 University Avenue San Diego, CA 92115 | Open to residents within service area (La Mesa, Lemon Grove, College Area, Del Cerro, City Heights). Please visit www.sd.kroccenter.org for forms and requirements, and bring them to the dropbox for contactless screening and approval. | 619-269-1430 |
| | Sharia's Closet 6244 El Cajon Boulevard, #5 San Diego, CA 92115 | Please fill out the online request form here: https://docs.google.com/forms/d/e/1FAIpQLSdFaa1WZkEpX2Fuki2VBbP2Er1PALIM-84pl0UbJ13IX4D_ww/viewform | 619-808-4979 |
| | Jewish Family Service of San Diego 8804 Balboa Avenue San Diego, CA 92123 | Please call 858-637-3027 to schedule a no touch diaper appointment. | 858-637-3210 |
| Miracle Babies 8745 Aero Drive, Ste. 308 San Diego, CA 92123 | Monday – Friday from 10:00 am – 2:00 pm, please call ahead to schedule a pick up. | 858-633-8540 | |



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| CENTRAL SAN DIEGO | Union of Pan Asian Communities 5296 University Avenue Ste. A San Diego, CA 92105 | Every Wednesday from 12:00 pm – 3:00 pm, no appointment required, limited to one visit per month. | 619-232-6454 |
| | Partnership for a Better San Diego (Labor Council) 4265 Fairmount Avenue San Diego, CA 92105 | Tuesday – Friday from 10:00 am – 4:00 pm by appointment only, no ID required. Call 619-321-6851 and leave a message to schedule. | 619-321-6851 |
| | Somali Bantu Association of America 4979 University Avenue, Ste. A San Diego, CA 92105 | Every Friday from 8:00 am – 1:00 pm. Call 619-546-9346 for diaper size availability, no appointment required. | 619-546-9346 |
| | Rock Church City Heights 4001 El Cajon Boulevard San Diego, CA 92105 | Drive through distribution, 2nd Thursday of the month from 10:00 am – 2:30 pm | 619-248-7123 |
| | Masjidul Taqwa San Diego, Feeding Our Community 2575 Imperial Avenue San Diego, CA 92104 | Call 404-438-1991 for size and availability. | 404-438-1991 |
| | WeLuvSanDiego 6090 Banbury Street San Diego, CA 92139 | Call 415-509-5688 for information. | 415-509-5688 |
| | Somali Family Service of San Diego 5348 University Avenue, Ste. 203 San Diego, CA 92105 | Complete the diaper request via: https://forms.gle/GlobdDoYgL6RvnRL7 . If you have any further questions, please call 619-265-5821 | 619-265-5821 |
| EAST COUNTY | Good Shepherd Ministry Center/Little Lambs Diaper Program 772 S. Johnson Avenue El Cajon, CA 92020 | Every Saturday from 8:00 am – 10:00 am. Call for diaper size availability. No appointment required, diapers provided to children under 4 years. | 619-442-9491 |
| | San Diego Military Outreach Ministries 4426 Harbinson Avenue La Mesa CA 91942 | Email at Office@SanDiegoMom.org to start the assessment process. Sizes and quantities are limited to availability. | 619-461-4164 |
| | Journey Community Church 8363 Center Drive La Mesa, CA 91942 | 3 rd Saturday of the month from 8:00 am – 10:00 am No Appointment required. | 619-464-4544 |
| | Heaven's Windows 2820 Via Orange Way, Ste. W Spring Valley, CA 91978 | Distribution by appointment only, call for appointment. | 619-303-7806 |
| | Julian Pathway's, Inc. 1704 Cape Horn Julian, CA 92036 | Monday – Friday from 9:00 am – 3:00 pm, call ahead to check availability. | 760-765-0661 x6 |



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| EAST COUNTY | Ministerio Tiempo Nuevo 8179 Broadway Lemon Grove, CA 91945 | Monday – Friday, 8:45 am – 11:45 am. Please call for appointment. | 619-765-9454 |
| | Stepping Higher Inc. 9923 Campo Road, Suite A. Spring Valley, CA 91945 | Every Thursday from 9:00 am – 2:00 pm No appointment necessary, but call for size and quantity availability. No more than 1 package per child, or 3 packages per household per month. Parent signature required. Children’s birth record or other birth documentation required. Please call for more information regarding evening pickups. | 619-825-3930 |
| | Salvation Army East County Red Shield Community Center 1011 E. Main Street El Cajon, CA 92021 | Monday & Wednesday from 1:00 pm – 4:00 pm, Friday from 1:00 pm – 6:00 pm Must show I.D. for all family members, children under 4 only, limited to once per month per child. | 619-440-4683 |
| | Faith Mountain Pentecostal 12443 Woodside Avenue Lakeside, CA 92040 | Diapers available during food distribution, every Sunday at 1:00 pm and Tuesday at 9:00 pm | 619-938-1070 |
| | Joseph’s Storehouse at Spring Valley Community Church 3310 Bancroft Drive Spring Valley, CA 91977 | Tuesday, Thursday, and Friday from 9:00 am – 12:00 pm | 619-342-1414 |
| | Rock Church East County 808 Jackman Street El Cajon, CA 92020 | Diapers are available during the monthly food distribution, 3rd Tuesday of every month. Sizes and quantities limited to availability. | 619-226-7625 |
| | Education Support Center 9950 Campo Road, Ste. 203B Spring Valley, CA 91977 | Call 619-825-7493 to inquire and to start assessment process by phone. NOTE: Sizes and quantities are limited to availability. | 619-825-7493 |
| | Baby Ruth’s Safe Haven 123 Worthington Street, Ste. 203-204 Spring Valley, CA 91977 | Call 619-472-3900 to begin the intake process by phone. Sizes and quantities are limited to availability. By appointment only. MASKS REQUIRED | 619-472-3900 |
| SOUTH BAY | Hearts and Hands Working Together 2020 Alaquinas Drive San Ysidro, CA 92173 | **Temporarily on hold due to COVID-19** 2 nd Tuesday of the month from 8:00 am – 12:00 pm. In the Our Lady of Mount Carmel parking lot. Sizes and quantities are limited to availability. | 619-662-7592 |
| | USO San Diego 2790 Truxtun Road, Suite 110 San Diego, CA 92106 | Must have valid active duty or dependent military I.D. Diapers are distributed the 1 st and 3 rd Friday of the month from 12:00 pm – 2:00 pm. For more details, please follow us on social media: @usosandiego or call: 619-235-6503 | 619-235-6503 |
| | Latter Rain Mission & Training Center 750 13th Street, Suite A-1 Imperial Beach, CA 91932 | Call to start the assessment process and for appointments. Sizes and quantities are limited. | 619-575-8010 |



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| SOUTH BAY | Victory Resource Center, Victory Lutheran Church 1220 3rd Avenue, Suite 1 Chula Vista, CA 91911 | Appointments available, Monday – Friday from 9:00 am – 12:30 pm. Walk-ins welcome, Monday, Wednesday, & Friday from 10:00 am – 12:30 pm. Email vrc@victorysouthbay.org or call 619-777-1124 to make an appointment. | 619-777-1124 |
| | Operation Promise 630 Corte Maria Avenue Chula Vista, CA 91910 | Every Monday from 1:00 pm – 5:00 pm. Call for diaper size and availability. | 619-381-6717 |
| | Food Pantry at Chollas View Church 904 47th Street San Diego, CA 92102 | 1 st Saturday of the month from 10:00 am – 12:00 pm and 3 rd Friday of the month from 11:00 am – 2:00 pm. | 858-663-0471 |
| | Logan Temple AME Zion Church 302 S 32nd Street San Diego, CA 92113 | Every Saturday from 10:00 am – 12:00 pm for food and diapers. | 619-233-8780 757-802-0925 |
| | Urban Refuge 4070 Bonita Road Bonita, CA 91902 | 2 nd Sunday of the month (first Sunday in April & May) from 4:00 pm – 6 pm. | 619-721-3790 |
| | Islamic Foundation of San Diego 3872 50th Street San Diego, CA 92105 | Temporarily closed due to statewide stay-at-home order. | 619-571-2988 |
| | St. Paul United Methodist Church 3094 L Street San Diego, CA 92102 | Every Thursday from 12:00 pm – 1:30 pm **MASKS/FACIAL COVERING REQUIRED** | 619-232-5683 |
| | Project 1:1 560 Palomar Street Chula Vista, CA 91911 | 3 rd Thursday of the month, call for more information | 619-777-6723 |
| | San Ysidro Health Centers WIC Offices | Call to make an appointment for San Ysidro Health WIC services and to pick up diapers. | 888-942-7942 |
| | Father Joe's Village 3350 E Street San Diego, CA 92102 | Every Monday, Thursday, & Friday from 12:00 pm – 2:00 pm | 619-233-9500 |
| | South Bay Food Pantry 970 Broadway Street Chula Vista, CA 91911 | Every Sunday 8:15 am – 9:15 am. Call (619) 271-5017 for diaper size availability. No appointment, identification, or proof of income are required. | 619-271-5017 |



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| SOUTH BAY | <i>It's All About the Kids Food Distribution</i> 1031 National City Boulevard National City, CA 91950 | Apply by sending an email to events@itsallaboutthekids.org | 619-602-3073 |
| | <i>St. Vincent de Paul Our Lady of Mt. Carmel</i> 2020 Alaquinas Drive San Ysidro, CA 92173 | Every Monday from 3:00 pm – 6:00 pm, Friday from 10:00 am – 12:00 pm | 619-948-7395 |
| | <i>Silent Voices, Inc.</i> 355 K Street, Ste. H Chula Vista, CA 91911 | Call for information and size availability. Monday – Friday 10:00 am – 4:00 pm | 619-422-0757 |
| | | | |
| NORTH COUNTY | <i>Breath of Life Ministries, Grace Vineyard Church</i> 102 N. Freeman Street Oceanside, CA 92054 | Every Wednesday from 6:00 pm – 8:00 pm, by appointment only. Please call for more information. | 760-847-8666 |
| | <i>Fallbrook Spanish 7th Day Adventist</i> 439 Iowa Street Fallbrook, CA 92028 | 1 st Wednesday of every month from 6:00 pm – 7:00 pm. | 760-468-4783 |
| | <i>MAAC Project Vista</i> 956 Vale Terrace Drive Vista, CA 92084 | 1 st Wednesday from 9:00 am – 12:00 pm 3 rd Wednesday from 3:00 pm – 6:00 pm | 760-471-4210 |
| | <i>North County Lifeline</i> 200 Michigan Avenue Vista, CA 92084 | Open to current clients only. Call to inquire about program eligibility. | 760-726-4900 |
| | <i>Vista Community Clinic</i> 1000 Vale Terrace Drive Vista, CA 92084 | Call 760-631-5000 x7014 and leave a message. Your call will be returned in the order it was received. | 760-631-5000 x7014 |
| | <i>Vista Community Clinic - Durian</i> 105 Durian Street, Suite A Vista, CA 92083 | VCC Pediatric Patients only. Diapers distributed during scheduled appointments. Supplies limited. | 760-631-5000 |



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| NORTH COUNTY | VCC Dad's Club 465 La Tortuga Drive Vista CA 92081 | Diapers distributed to enrolled Parent & Child Health Department program participants only. | 760-631-5000 x7181 |
| | San Marcos 7th Day Adventist Church 363 Woodland Parkway San Marcos, CA 92069 | 1 st and 3 rd Tuesday from 4:00 pm – 6:00 pm | 760-690-7780 |
| | Summit Church 292 East Barham Drive San Marcos, CA 92078 | Every Sunday from 10:00 am – 1:00 pm, every Tuesday from 11:00 am – 2:00 pm, every Thursday from 3:00 pm – 6:00 pm, 2 nd & 4 th Saturdays from 10:30 am-12:00 pm | 760-471-6267 |
| | Anita & Stan Maag Food & Nutrition Center 1140 W Mission Road San Marcos, CA 92069 | Temporarily closed due to statewide stay-at-home order. | 760-744-1150 x7540 |
| | Mission San Luis Rey Parish, Loretto House Food Pantry 4070 Mission Avenue Oceanside, CA 92057 | Tuesdays – Saturdays from 8:00 am – 4:00 pm. Call 760-547-0708 or email angel@sanluisreyparish.org for diaper size and availability. | 760-547-0708 |
| | Ramona Food & Clothes Closet 773 Main Street Ramona, CA 92065 | Monday – Friday 9:30 am – 12:30 pm & 2:30 pm – 4:00 pm. No appointment required. | 760-789-4458 |
| | Rock Church San Marcos 1370 W. San Marcos Boulevard San Marcos, CA 92078 | 1 st Thursday of every month from 12:00 pm – 2:00 pm. No appointment required | 619-226-7625 |
| | North County Food Bank 1445 Engineer Street, Suite 110 Vista, CA 92081 | Monday – Friday from 9:00 am – 6:00 pm, drive-thru distribution until further notice, must request diapers, must provide proof of multiple addresses if carpooling, otherwise, one household per car. | 858-863-5177 |
| | St. Andrew's Episcopal Church 890 Balour Drive Encinitas, CA 92024 | Thursday from 2:00 pm – 4:00 pm, drive-thru distribution, one household per car, diapers upon request. | 760-214-7550 |
| | Shiloh Church of God in Christ 1517 Dubuque Street Oceanside, CA 92058 | Last Thursday of every month from 2:00 pm – 3:30 pm. No appointment needed, call for diaper size availability | 760-967-9733 |



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| NORTH COUNTY | Lived Experiences, Inc. 1106 Whaley Street Oceanside, CA 92054 | Call for information and size availability. | 619-368-3790 |
| | Escondido Community Child Development Center 819 W. 9th Avenue Escondido, CA 92025 | Temporarily closed due to statewide stay-at-home order. | 760-839-9361 |
| | Foundation Matthew 633, Inc. 1800 N. Broadway Escondido, CA 92026 | Mondays & Fridays from 10:00 am – 11:30 am | 619-253-9951 |
| | Interfaith Community Services 550 W Washington Avenue Escondido, CA 92025 | Visit our Food Distribution Monday – Friday from 8:00 am to 11:00 am to check for diaper availability. Note: closed for services the 1st Friday of each month, closed at 2:30 pm every other Friday, call for dates. | 760-489-6380 |
| | R.A.W. Ministries 777 W. Felicita Road Escondido, CA 92025 | 1 st Wednesday of the month from 10:00 am - 12:30 pm at 256 Smilax Road, San Marcos. Sizes and quantities are limited to availability. | 760-580-0835 |
| | The Center (San Diego Christian Center) 1305 Deodar Road Escondido, CA 92026 | Drive-thru distribution (diapers and food) on Sundays from 11:30 am – 12:30 pm. | 760-707-6681 |
| | Sikh Foundation of San Diego 12269 Oak Knoll Road Poway, CA 92064 | Call for distribution information. | 858-405-9528 |
| | Shabach 826 Wells Fargo Trail Julian, CA 92036 | Call for distribution information | 619-519-9090 |
| | North Coast Church 2405 N. Santa Fe Avenue Vista, CA 92084 | Distribution the last Tuesday of the month at 32077 Community Church Drive, Pauma Valley, CA 92061 | 760-724-6700 |
| | Grace Presbyterian Church 1450 E. Vista Way Vista, CA 92084 | Every Tuesday & Wednesday from 8:00 am – 9:30 am, and every Saturday from 10:00 am – 11:30 am. Sizes are limited to availability. | 760-724-0077 |

This list was last updated on March 15, 2021.