



## Senior Food Program May 2021



The *Senior Food Program* provides a monthly 35-pound box of food and a 2-pound block of cheese to senior citizens aged 60 and over who meet income guidelines.

Below is a list of sites hosting Senior Food Program distributions during May 2021.

**Please note:** For new participants, proof of address & date of birth are REQUIRED to register for the program. Income eligibility is a verbal self-certification; no documentation of income is required.

Senior Food Program Income Guidelines		
Household Size	Monthly Household Income	Annual Household Income
1	\$ 1,396	\$ 16,744
2	\$ 1,888	\$ 22,646
3	\$ 2,379	\$ 28,548
Each additional member	+\$492	+\$5,902

*\*Please note that there are no Senior Food Distributions on Saturdays or Sundays.*

<b>May 2021</b>				
Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p>	<p><b>4</b>  Mountain View  Community Center  641 S Boundary Street  San Diego, CA 92113  9:00 am - 12:00 pm</p> <p>St Stephen's Cathedral  5825 Imperial Avenue  San Diego, CA 92114  1:30 pm – 3:00 pm</p>	<p><b>5</b>  Cesar Chavez Rec Centr  455 Sycamore Road  San Ysidro, CA 92173  9:00 am - 12:00 pm  1:15 pm - 3:00 pm</p>	<p><b>6</b></p>	<p><b>7</b>  Ramona Grange 632  215 7th Street  Ramona, CA 92065  9:00 am - 11:00 am</p> <p>Highland Avenue Baptist  2605 Highland Avenue  National City, CA 91950  9:00 am - 12:00 pm  1:15 pm - 3:00 pm</p>
<p><b>10</b>  Backcountry Resource  Center  39919 Ribbonwood Road  Boulevard, CA 91905  10:00 am - 11:00 am</p> <p>Jacumba  Highlands Senior Center  44605 Old Hwy 80  Jacumba, CA 91934  12:30 pm - 1:30 pm</p> <p>Oceanside Senior Center  455 Country Club Lane  Oceanside, CA 92054  9:00 am - 11:30 am</p> <p>Carlsbad Holiday Park  <i>(Across the street from the  learning center)</i>  3235 Eureka Place  Carlsbad, CA 92008  1:00 pm - 2:00 pm</p>	<p><b>11</b>  St Mark's Lutheran Church  580 Hilltop Drive  Chula Vista, CA 91910  9:00 am - 12:00 pm</p> <p>Harvest Ridge Apartments  1388 E Palomar Street  Chula Vista, CA 91913  1:30 pm - 3:00 pm</p> <p>Windsor Gardens Apartments  1600 West 9th Avenue  Escondido, CA 92029  9:00 am - 10:00 am</p> <p>Grandon Village  1607 Grandon Avenue  San Marcos, CA 92078  11:00 am - 12:00pm</p>	<p><b>12</b>  New Season Church  2300 Bancroft Drive  Spring Valley, CA 91977  9:00 am - 12:00 pm</p> <p>La Mesa Spring Aps  8070 Orange Avenue  La Mesa, CA 91941  1:30 pm - 3:00 pm</p> <p>Sherman Heights Comm Ctr  2258 Island Avenue  San Diego, CA 92102  9:00 am - 12:00 pm</p> <p>Good News Missionary Baptist  4106 Swift Avenue  San Diego, CA 92104  1:30 pm - 3:00 pm</p>	<p><b>13</b>  El Cajon New Season's  Church  990 Naranca Avenue  El Cajon, CA 92021  9:00 am - 12:00 pm</p> <p>St. Johns Plaza  8150 Broadway  Lemon Grove, CA 91945  1:30 pm - 3:00 pm</p>	<p><b>14</b>  Boys &amp; Girls Club  4635 Clairemont Mesa Blvd  San Diego, CA 92117  9:00 am - 11:00 am</p> <p>Sorrento Tower Apts  2875 Cowley Way  San Diego, CA 92110  1:30 pm - 3:00 pm</p> <p>St Andrew's Episcopal  890 Balour Drive  Encinitas, CA 92024  8:30am - 9:30am</p> <p>Church at Rancho Bernardo  11740 Bernardo Plaza Court  San Diego, CA 92128  10:30 am - 11:30am</p> <p>Meridian Baptist  660 S 3rd Street  El Cajon, CA 92019  1:00 pm - 3:00 pm</p>

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<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>17</b></p>	<p><b>18</b>  Oceanside Silvercrest  3839 Lake Boulevard  Oceanside, CA 92056  9:00 am - 10:00 am</p> <p>Gloria McClellan Adult Activity &amp;  Resource Center  <i>(Vista Senior Center)</i>  1400 Vale Terrace Dr  Vista, CA 92084  11:00 am - 12:00 pm</p> <p>San Marcos Senior Activity Cntr  111 Richmar Avenue  San Marcos, CA 92069  1:30 pm - 3:00 pm</p> <p>The Unity Center of San Diego  8999 Activity Road  San Diego, CA 92126  1:00 pm – 3:00 pm</p>	<p><b>19</b>  St James Lutheran Church  866 Imperial Beach  Boulevard  Imperial Beach, CA 91932  9:00 am - 10:30am</p> <p>Mid-City Church Nazarene  4101 University Ave  San Diego, CA 92105  1:30 pm - 3:00 pm</p> <p>Mira Mesa Senior Center  8460 Mira Mesa Blvd  San Diego, CA 92126  9:00 am - 12:00 pm</p> <p>Mesa View Baptist  13230 Pomerado Road  Poway, CA 92064  1:30 pm - 3:00pm</p>	<p><b>20</b></p>	<p><b>21</b>  Colinas Del Sol Park  Recreation Center  South Parking Lot  <i>(entrance at 52nd St and  52nd Place)</i>  5319 Orange Ave  San Diego, CA 92115  9:00 am - 12:00 pm</p>
<p><b>24</b>  Park Avenue Comm Center  210 E Park Avenue  Escondido, CA 92025  8:30 am - 11:30 am</p> <p>Lakeside Gardens  12219 Roberts Way  Lakeside, CA 92040  9:00 am - 10:00 am</p> <p>Laurel Park Apartments  10122 Buena Vista Avenue  Santee, CA 92071  10:30 am - 11:30 am</p> <p>College Avenue Center  6299 Capri Drive  San Diego, CA 92120  1:30 pm - 2:30 pm</p>	<p><b>25</b>  Salvation Army Downtown  730 F Street  San Diego, CA 92101  9:00 am - 11:30 am</p> <p>LGBT Community Center  3909 Centre Street  San Diego, CA 92103  1:00 pm - 3:00 pm</p>	<p><b>26</b>  Linda Vista United  Methodist Church  6869 Tait Street  San Diego, CA 92111  1:30pm - 3:00pm</p>	<p><b>27</b>  Kimball Senior Center  1221 D Avenue  National City, CA 91950  9:00 am - 12:00 pm</p> <p>Jamul Community Church  14866 Lyons Valley Road  Jamul, CA 91935  8:00 am - 8:30 am</p> <p>Dulzura Barrett Trailer Park  1250 Barret Lake Road  Dulzura, CA 91977  9:15 am - 9:45 am</p> <p>Potrero Library  24883 Potrero Valley Road  Potrero, CA 91963  11:00 am - 12:15 pm</p> <p>Lake Morena Church  29765 Oak Drive  Campo, CA 91906  1:30 pm - 2:00 pm</p>	<p><b>28</b>  MAAC Project  Community Center  1387 3rd Ave  Chula Vista, CA 91911  9:00 am - 12:00 pm  1:15 pm - 3:00 pm</p>

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For future distributions, please check back on our website:  
**[SanDiegoFoodBank.org/GetHelp](https://www.sandiegofoodbank.org/GetHelp)**

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